

IN-PERSON  LIVE-ONLINE**JULY 15-19, 2024**

**Stewart Levine** is a creative problem solver widely recognized for creating agreement and empowerment in the most challenging circumstances. He improves productivity while saving the enormous cost of conflict. His innovative work with "Agreements for Results" and his "Resolutionary" conversational models are unique. As a practicing lawyer he realized that fighting was a very ineffective way of resolving problems. As a marketing executive for AT & T he saw that the reason collaborations fall apart is that people do not spend the time at the beginning of new working relationships to create clarity about what they want to accomplish together, and how they will get there. This is true for employment relationships, teams, joint ventures and all members of any virtual team. As a result of his observations he designed conversational models that create "Agreements for Results," and a quick return to productivity when those working relationships break down. He uses his approach to form teams and joint ventures in a variety of situations. He works with individuals, couples, partners, small and large organizations of all kinds. His models for problem solving, collaboration and conflict resolution were endorsed by the house judiciary committee.

He has worked for 3M, American Express, Chevron, Con-Agra, EDS, General Motors, Oracle, Safeco, University of San Francisco, U.S. Departments of Agriculture, and the Navy. His *Cycle of Resolution* was recently selected for inclusion in the "Change the Handbook, 3rd Edition." His book *Getting to Resolution: Turning Conflict into Collaboration* (Berrett-Koehler 1998) (Second Edition Oct. 2009) was an Executive Book Club Selection; Featured by Executive Book Summaries; named one of the 30 Best Business Books of 1998; and called "a marvelous book" by Dr. Stephen Covey. It has been translated into Russian, Hebrew and Portuguese. *The Book of*

## Stewart Levine

### ***Building a Culture of High Performance Sustainable Collaboration: Mindset and Tools***

**Monday - Friday: 9:00a.m. - 12:30p.m. EDT | 30-Minute Break Daily | 15-Hour Course**  
**Delivery Format: In-Person Only**

Much of personal education these days focuses on the capacity for individual growth and self-management of various kinds. Although individual "Inner Work" may be an essential foundation for getting us beyond this time of Poly Crisis, it is critical to develop the skillful means to work effectively with each other in service of goals and aspirations that will enable us to get through what we are facing as a species. This program will address that need.

One of the most challenging aspects of collaborative work is engaging with others effectively. It requires tools and skills, including communication, relationship building, and managing differences and conflict to generate high-performance collaborations. This program will include references from Stewart's books- *Getting to Resolution: Turning Conflict Into Collaboration* and *The Book of Agreement: 10 Essential Elements for Getting the Results You Want*, as well as fifty years of experience as a lawyer, mediator, coach, consultant, teacher, trainer, and facilitator. The program will provide the foundational skills that are essential to engage effectively with others, including the mindset embodied by *Resolutionary Thinking*; the conversational competence to create a culture of sustainable collaboration in your organization, team, or family; the immutable laws that form the basis of this body of work; the template for generating a clearly articulated explicit shared vision before you move into action for any team, project, personal or professional relationship; the conversational process used to engage dialogue and resolve differences before they degenerate into conflict.

The highly interactive experiential program will provide the opportunity to practice creating "Agreements for Results" and using the "Cycle of Resolution" to move through differences.

**Pre-Work:** Generative Capacity Survey: An assessment designed to reveal your Generative Capacity and/or that of your organization.

*Agreement* (Berrett-Koehler 2003) has been endorsed by many thought leaders. It has been hailed as "more practical" than the classic *Getting to Yes* and named one of the best books of 2003 by CEO Refresher ([www.Refreshers.com](http://www.Refreshers.com)). *Collaboration 2.0: Technology and Tools for Collaboration in a Web 2.0 World* co-authored with David Coleman (Happy About 2008) provides guidance for effectively communicating in the virtual world. In 2019 he curated and edited *The Best Lawyer You Can Be: A Guide to Physical, Mental, Emotional and Spiritual Wellness for the American Bar Association*.

Stewart teaches communication, conflict management and Emotional Intelligence for ResolutionWorks, The American Management Association and The Consulting Team. He has been a lecturer at the University of California Berkeley Law School and the MBA program at Dominican University of California. Stewart was inducted into the College of Law Practice Management.

He is available for Poetry Readings, Personal Coaching, Consulting, Mediation and Relationship and Organizational Interventions. <https://stewartlevine.com/>.

#### **Speaker Disclosures:**

**Financial:** Stewart Levine has no relevant financial relationships with ineligible organizations. He receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

**Non-financial:** Stewart Levine has no relevant non-financial relationships with ineligible organizations.

**Stewart Levine | Building a Culture of High Performance Sustainable Collaboration: Mindset and Tools | July 15-19, 2024**

## Course Agenda

### Monday:

- Foundations of Connection
- Mindfulness
- Conversational Competence
- What is communication, what it is not
- Essential Communication Skills
- Elements of Emotional Intelligence
- Resilience, Wellbeing, Best Work

### Tuesday:

- Laws of Agreement
- Ready Fire Aim, Ready Aim Fire ???
- Creating Shared Vision: 10 Essential Elements of Agreements for Results
- Practicum: Making Agreements with Yourself; Making Agreements with Others
- Resolutionary Thinking: Beyond Winning, Rightness, Blame, Fault, Competition

### Wednesday:

- Culture Defined
- Your Culture
- Creating Culture
- Maintaining Culture

### Thursday:

- The Cycle of Resolution
- Steps of the Conversational Process
- Resolutionary Thinking
- Telling Stories
- Preliminary Vision
- Getting Current and Complete
- The New Era
- The New Agreement
- Resolution

### Friday:

- Applications
- Creating Sustainable Collaboration
- Creating a Feedback Loop
- Practicum

## Course Objectives

Upon completion of this course participants will be able to:

1. Discuss how to generate the collaborative capacity of those around you
2. Develop a greater understanding of the foundations and importance of connection
3. Define and understand what communication is and what it is not
4. Describe essential communication skills necessary for collaborative work
5. Define emotional intelligence and its core components
6. Discuss Resilience in the workplace and what is essential to generating and maintaining it
7. Discuss the definition of wellbeing in the workplace and how to measure it
8. Name, discuss, and practice the primary elements of Resolutionary Thinking
9. Discuss how one can impact the culture of an organization or working relationship
10. Name the key components of the Cycle of Resolution
11. Discuss how to create sustainable collaborations and feedback loops

## Continuing Education

*Course Content Level: beginner, intermediate, and advanced. This course is open, and content is, suitable for all clinicians and learning levels, beginning, intermediate and advanced.*

**\*This course is not eligible for ASWB ACE, NYSED, PA Psychologist, or NBCC Contact Hours/Credits.**

Please see the CE section on the [individual course page](#) for a full listing of CE course approvals.

**For a full list of continuing education approval statements please visit <https://www.cape.org/ce-credit>**

## Tuition, Registration & Course Formats

### Registration:

Visit [www.cape.org](http://www.cape.org) to register for our In-Person & Live-Online course offerings. All major credit cards are accepted. No cash or check payments will be accepted.

### Course Formats:

**In-Person Course Format:** Monday through Friday from 9:00a.m. to 12:30p.m. EDT with a 30-minute break.

**In-Person Location:**

**Nauset Regional Middle School**, 70 MA-28, Orleans, MA 02653

### Live-Online Course Format:

Interactive synchronous online: Live-Online sessions are held via Zoom Meetings Monday-Friday mornings from 9:00a.m. - 12:30p.m. EDT, with a 30-minute break. Live-Online courses will include opportunities for interaction with colleagues and faculty members via group discussions, break-out groups, and Q&As.

System requirements: • Operating Systems: Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher • Internet Browser: Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher • Broadband Internet connection: Cable, High-speed DSL & any other medium that is internet accessible

### Tuition:

**In-Person Course:**

**Early Tuition Rate: \$700 (through 04/01/2024)**

**Full Tuition: \$750**

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$575 for in-person courses.

**Live-Online Course:**

**Early Tuition Rate: \$575 (through 04/01/2024)**

**Full Tuition: \$625**

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$450 live-online courses.

### Veteran Affairs Employees:



MAK Continuing Education, LLC, Cape Cod Institute is vendorized in SAMS in station 703. Active-duty and retired military members are eligible for 10% off. Please upload your military ID / verification at the time of registration and you will automatically get the discounted rate.

## Cancellation & Refund Policy

**Up until two weeks (14 days) prior to your course start date:** For cancellations (in person & online), you will receive a full refund less \$50 cancellation fee.

**Within two weeks:** If you give notice between fourteen and one day(s) before your course start date a credit for a 2024 Cape Cod Institute program is available. Credit may be applied to any 2024 or 2025 Cape Cod Institute course. There will be no price reduction for switching to a live-online course within two weeks of the course start date.

**Once your course begins:** No credit or refund is available if you cancel on the arrival day, if you do not show up, or if you leave an event early for any reason. No refund will be available if you attend a program and are dissatisfied with its presentation or content. If you need to leave for any reason, no partial credit can be given.

You can notify our staff of your cancellation at [info@cape.org](mailto:info@cape.org) or by calling + 1 (203) 781-6492.

Please visit <https://www.cape.org/policies> for more information.

## Continuing Education Information

Full attendance of in-person and live-online courses is required to meet the standards of accrediting organizations. No partial credits will be provided. CE certificates are distributed by email for both in-person and live-online courses following the conclusion of your 15-hour course, confirmation of full attendance, and completion of an online evaluation form.

You will receive additional details regarding the online evaluation process at the end of your assigned course. Evaluations must be submitted within three weeks of the end date of your course. You will receive a copy of your certificate of attendance with detailed CE approval statements, once you submit your evaluation. Please check with your regulating body/organization that this certificate is sufficient proof for you to claim continuing education credits/credit hours/clock hours/contact hours.

Most courses are eligible for 15 credits/credit hours/clock hours/contact hours. Exclusions will be listed on individual course pages as well as below. Please check individual course pages for course learning objectives.

All courses are open and suitable for all clinicians and learning levels, beginning, intermediate and advanced unless otherwise noted on the course page.

**Please contact your licensing board to determine your continuing education requirements and check for reciprocal approvals.**

### Continuing Education Approvals:

Current continuing education approvals for MAK Continuing Education, LLC, Cape Cod Institute are listed on our website: <https://www.cape.org/ce-credit>

You can also contact our staff with any CE-specific questions at + 1(203) 781- 6492 or [info@cape.org](mailto:info@cape.org).

## Travel Information

All in-person sessions are held at the Nauset Regional Middle School at 70 MA-28, Orleans, Massachusetts. Orleans is a 2-hour drive from Boston or Providence (expect traffic delays on Saturdays). There are scheduled flights from Boston and Providence to Hyannis, a 40-minute drive to Orleans. A car is needed for full access to lower Cape Cod. Biking around Orleans is easily done via the rail trail, and local buses between towns are available.

Cape Cod is about 70 miles long, and 75 miles from Logan Airport in Boston and Green Airport in Providence, Rhode Island. Driving distances to the Lower and Outer Cape are:

Boston 77 miles; Providence 77 miles; New York City 245 miles; Montreal 355 miles.

Please visit our travel page for specific directions, lodging and travel information: <https://www.cape.org/travel>

## Contact Information

Cape Cod Institute Administration  
MAK Continuing Education, LLC  
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Please contact us by email or phone with any questions regarding accessibility accommodations, questions, or concerns.



## JULY 1-AUGUST 23, 2024

### JULY 1-5, 2024

**Janina Fisher, PhD**

*Transforming Trauma-Related Resistance and Stuckness*

*In-Person & Live-Online*

**Rubin Naiman, PhD, FAASM**

*Healing Our Sleep, Dreams, and Consciousness: An Integrative Approach*

*In-Person & Live-Online*

**LaTonya Wilkins, PCC, MBA**

*Belonging: Fostering Psychological Safety and Below the Surface Leadership in Organizations, Clients, and Yourself*

*In-Person & Live-Online*

### JULY 8-12, 2024

**Lana Epstein, MA, LICSW**

*Putting It All Together: Combining Somatic and Ego-State Therapies with EMDR to Change the Valence of Emotional Memories*

*In-Person & Live-Online*

**Barry Prizant, PhD, CCC-SLP**

*Understanding and Supporting Autistic and Neurodivergent Individuals through the Uniquely Human Lens*

*In-Person & Live-Online*

**Licia Sky, BFA**

*Embodied Awareness: The Art of Presence and Attunement*

*In-Person Only*

**Bessel van der Kolk, MD**

*Frontiers of Trauma Treatment*

*In-Person & Live-Online*

### JULY 15-19, 2024

**Sebastian Barr, PhD**

*Affirming and Effective Work with Trans and Nonbinary Adolescents and Young Adults*

*In-Person & Live-Online*

**James Hawkins, PhD, LPC**

*Facilitating the Function of Attachment in Distressed Adult Romantic Relationships: An Emotionally Focused Therapy (EFT) Framework*

*In-Person & Live-Online*

**Stewart Levine**

*Building a Culture of High Performance Sustainable Collaboration: Mindset and Tools*

*In-Person Only*

**Richard Schwartz, PhD & Jeanne Catanzaro, PhD**

*Internal Family Systems Workshop*

*In-Person & Live-Online*

### JULY 22-26, 2024

**Deb Dana, LCSW**

*Polyvagal Theory in Therapy: Practical Applications for Treating Trauma*

*In-Person & Live-Online*

**John Forsyth, PhD & Jamie Forsyth, PhD**

*Harnessing the Transformative Power of Mindful ACT Therapy: How to Live Well When Life is Hard*

*In-Person & Live-Online*

**Flint Sparks, PhD**

*Growing Up and Waking Up: Applied Mindfulness in Psychotherapy and Buddhist Practice*

*In-Person Only*

**Cece Sykes, LCSW, ACSW**

*Internal Family Systems and Compassion for Addictive Processes*

*In-Person & Live-Online*

### JULY 29-AUGUST 2, 2024

**Margaret Blaustein, PsyD**

*Fostering Resilience in Trauma Impacted Youth through Attachment, Regulation, and Competency*

*In-Person & Live-Online*

**Diana Fosha, PhD, Kari Gleiser, PhD, & Ben Medley, LCSW, with Molly Eldridge, LICSW**

*"HOT" Topics in AEDP™*

*In-Person & Live-Online*

**Franklin King, MD**

*The Promise of Psychedelics: A Critical Look at the Therapeutic Potential of Psychedelic-Assisted Treatments*

*In-Person & Live-Online*

**Juliet King, PhD(c), ATR-BC, LPC, LMHC**

*Arts & the Brain: Evidence-Based Therapeutic Arts Interventions for Optimal Health & Well-Being*

*In-Person Only*

### AUGUST 5-9, 2024

**Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, Carol Kramer, LICSW, & Joanne Audyatis, LMHC**

*IMAGO: Proven Strategies for Helping Couples Move from Conflict to Connecting*

*In-Person & Live-Online*

**Deborah Korn, PsyD**

*EMDR Therapy and the Treatment of Complex PTSD in Adult Survivors of Childhood Abuse and Neglect*

*In-Person & Live-Online*

### AUGUST 5-9, 2024

**George McCloskey, PhD**

*Intervention for Child and Adolescent Executive Function Difficulties*

*In-Person Only*

**Maria Sirois, PsyD**

*Paradoxes in Resilience: Leveraging Moments of Grief, Illness, Hardship and Sudden Change to Accelerate Growth*

*In-Person & Live-Online*

### AUGUST 12-16, 2024

**Bob Anderson**

*The Journey of Conscious Leadership*

*In-Person Only*

**Edward Hallowell, MD**

*Unwrapping the Gifts: A Strength-Based Approach to ADHD Across the Life Span*

*In-Person & Live-Online*

**Donald Meichenbaum, PhD**

*Addressing Issues of Violence and Aggression in Individuals and Communities: Development, Prediction, and Intervention*

*In-Person & Live-Online*

**Ronald D. Siegel, PsyD**

*What Clinicians Need to Know about Non-Ordinary States: Mindfulness, Compassion, & Psychedelic-Assisted Psychotherapy*

*In-Person & Live-Online*

### AUGUST 19-23, 2024

**Amanda Blake, PhD**

*Embodied Intelligence at Work: Leveraging Mind-Body Science to Enhance Professional Performance*

*In-Person Only*

**Mary-Frances O'Connor, PhD**

*The Grieving Brain: The Surprising Science of How We Learn from Love and Loss*

*In-Person & Live-Online*

**Jonah Paquette, PsyD**

*Positive Psychology 2.0: Creating a Life of Meaning, Purpose, and Connection*

*In-Person & Live-Online*

**Eboni Webb, PsyD, HSP**

*Dialectical Behavior Therapy (DBT): Effective Tools for Navigating Trauma and Attachment in Complex Clients Across the Lifespan*

*In-Person & Live-Online*

All courses are suitable for all clinicians and learning levels, beginning, intermediate, and advanced unless otherwise noted. For a complete list of CE approval statements, please visit: [www.cape.org/ce-credit](http://www.cape.org/ce-credit)

**FOR COMPLETE COURSE INFORMATION AND TO REGISTER, VISIT: [www.cape.org](http://www.cape.org)**