

☒ IN-PERSON ☒ LIVE-ONLINE**JULY 29-AUGUST 2, 2024**

**Franklin King, MD**, is a psychiatrist at the Massachusetts General Hospital and an Instructor in Psychiatry at Harvard Medical School. He is a graduate of the University of Massachusetts Medical School, after which he completed residency in adult psychiatry at the MGH/McLean program. He has completed post-residency fellowships, both at MGH, in Consult Liaison Psychiatry and a research fellowship at the Cardiac Psychiatry Research Center. Dr. King has practiced in a variety of clinical roles at MGH including the Neuropsychiatry Clinic, the Adult Outpatient Clinic, the Center for Anxiety and Traumatic Stress Disorders Clinical and Research Program, the Avery Weissman Psychiatric Consult Service, and the Acute Psychiatry Service. He has long held an interest in bringing the benefits of psychedelic-assisted therapies to the vast array of patients who are currently left inadequately treated by existing and available psychiatric interventions, and is currently the Director of Training and Education at the Center for Neuroscience of Psychedelics, in which role he is actively involved in educational projects to clinician groups and residents on psychedelics and psychedelic-assisted therapies. Dr. King is also a Principle Investigator and Co-Investigator on studies involving psilocybin-assisted therapy and MDMA-assisted therapy, respectively, at MGH.

**Speaker Disclosures:**

**Financial:** Franklin King owns stock in Compass and Cybin. He has received consulting fees from Cybin, speaker fees from Vital, and receives stock equity as a scientific advisory board member for Apex Pharmaceuticals. He receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

**Non-financial:** Franklin King has no relevant non-financial relationships with ineligible organizations.

**Franklin King, MD*****The Promise of Psychedelics: A Critical Look at the Therapeutic Potential of Psychedelic-Assisted Treatments***

**Monday - Friday: 9:00a.m. - 12:30p.m. EDT | 30-Minute Break Daily | 15-Hour Course**  
**Delivery Format: In-Person or Live-Online**

The meteoric rise in interest in psychedelics over the last several years has led to an avalanche of media attention, academic publications, and capital investment. Within this current era of psychedelic research, there are numerous distortions related to both positive and negative biases for and against psychedelics by various groups.

Used by Indigenous cultures for thousands of years for diverse medicinal and ritual purposes, psychedelics were also briefly an area of intense research interest in midcentury western medicine before falling victim to a moral panic and the political machinations of America's so-called War on Drugs. Over the last twenty years, renewed research has shown potential for psychedelics to treat symptoms of numerous psychiatric disorders, as well as to shed new light on consciousness, philosophy of mind, and spirituality. Challenges to realizing these potentials are myriad and include issues of cost, justice, a limited understanding of potential harms, questions on role and form of therapy, and a dominant paradigm in medical culture of biomedical reductionism.

The purpose of this course is to review the history, pharmacology, clinical studies, and potential future applications of psychedelics and psychedelic-assisted psychotherapy, with an orientation toward critical thinking in understanding why some of the current biases and issues within psychedelic research and the public narrative exist, and the challenges that psychedelics will likely face as they become "mainstreamed". The format will consist of didactic sessions and small group discussions. Specific readings will be assigned and participants will be asked to share and reflect. Following this course, participants should have a comprehensive understanding of psychedelics and psychedelic medicine.

**Course Agenda****Monday:**

- Introduction and History of Psychedelics
- Review History of Indigenous Use: Prehistoric into Modern Times
- Cultural History in the USA
- 'First Wave of Psychedelic Research'
- Neurobiology and Mechanisms of Action
- Pharmacology, Different Classes of Psychedelics
- Imaging and Other Neuroscience Research, Psychological Mechanisms

**Tuesday:**

- Clinical Trials in Psychedelics I
- Key Studies in Psychedelics (PTSD, MDD)
- Barriers to Conducting Research and Trial Design Issues
- Clinical Trials II and Harm Reduction
- Addictions, Microdosing
- Medication Interactions, Contraindications, Harm Reduction

**Franklin King, MD | The Promise of Psychedelics: A Critical Look at the Therapeutic Potential of Psychedelic-Assisted Treatments | July 29-August 2, 2024****Wednesday:**

- Psychedelic-Assisted Therapy
- History of Therapies Used in Past
- Contemporary Models
- Potential Future Hybridizations

**Thursday:**

- Psychedelics and Meditation, other Non-Ordinary States
- Overlaps in Mechanisms
- Psychedelics as a Practice?
- Somatic/Psychosomatic Disorders
- Functional Medical Conditions
- Psychedelics and Immune Modulation

**Friday:**

- Psychedelics, Serious Illness, and Death and Dying
- Socio-Psychedelic Imaginaries: Psychedelics, Reification, and Capitalism
- Systemic Economic and Justice Issues in Psychedelic Research
- Psychedelic Epistemology and Critical Psychiatry
- Final Reflections and Wrap-Up

**Course Objectives**

Upon completion of this course participants will be able to:

1. Summarize the history of indigenous use of psychedelics from prehistoric into modern times
2. Identify the different pharmacology classes of psychedelics
3. Discuss current imaging and neurological research studies on psychedelics
4. Discuss current phase I and phase II psychedelic clinical trials and findings
5. Discuss the use of psychedelics in the treatment of addiction
6. Discuss the history of psychedelic-assisted therapy models, contemporary models, and areas for further research regarding clinical application
7. Discuss the difference and overlaps in the mechanisms of psychedelics, meditation, and other non-ordinary states
8. Discuss the use of psychedelics with serious illness and end of life care
9. Discuss issues of diversity, equity and access in psychedelic research and medicine

**Continuing Education**

*Course Content Level: beginner, intermediate, and advanced. This course is open, and content is, suitable for all clinicians and learning levels, beginning, intermediate and advanced. Courses must be completed in one delivery format.*

**The Promise of Psychedelics: A Critical Look at the Therapeutic Potential of Psychedelic-Assisted Treatments**, Course #4931, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by MAK Continuing Education, LLC, Cape Cod Institute as an individual course. Regulatory boards are the final authority on courses accepted for continuing education credit. ACE course approval period: 5/2/2023 - 5/2/2025. Social workers completing this course receive 15 General continuing education credits.

Please see the CE section on the **individual course page** for a full listing of CE course approvals.

**For a full list of continuing education approval statements please visit <https://www.cape.org/ce-credit>**

## Tuition, Registration & Course Formats

### Registration:

Visit [www.cape.org](http://www.cape.org) to register for our In-Person & Live-Online course offerings. All major credit cards are accepted. No cash or check payments will be accepted.

### Course Formats:

**In-Person Course Format:** Monday through Friday from 9:00a.m. to 12:30p.m. EDT with a 30-minute break.

**In-Person Location:**

**Nauset Regional Middle School**, 70 MA-28, Orleans, MA 02653

### Live-Online Course Format:

Interactive synchronous online: Live-Online sessions are held via Zoom Meetings Monday-Friday mornings from 9:00a.m. - 12:30p.m. EDT, with a 30-minute break. Live-Online courses will include opportunities for interaction with colleagues and faculty members via group discussions, break-out groups, and Q&As.

System requirements: • Operating Systems: Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher • Internet Browser: Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher • Broadband Internet connection: Cable, High-speed DSL & any other medium that is internet accessible

### Tuition:

**In-Person Course:**

**Early Tuition Rate: \$700 (through 04/01/2024)**

**Full Tuition: \$750**

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$575 for in-person courses.

**Live-Online Course:**

**Early Tuition Rate: \$575 (through 04/01/2024)**

**Full Tuition: \$625**

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$450 live-online courses.

### Veteran Affairs Employees:



MAK Continuing Education, LLC, Cape Cod Institute is vendorized in SAMS in station 703. Active-duty and retired military members are eligible for 10% off. Please upload your military ID / verification at the time of registration and you will automatically get the discounted rate.

## Cancellation & Refund Policy

**Up until two weeks (14 days) prior to your course start date:** For cancellations (in person & online), you will receive a full refund less \$50 cancellation fee.

**Within two weeks:** If you give notice between fourteen and one day(s) before your course start date a credit for a 2024 Cape Cod Institute program is available. Credit may be applied to any 2024 or 2025 Cape Cod Institute course. There will be no price reduction for switching to a live-online course within two weeks of the course start date.

**Once your course begins:** No credit or refund is available if you cancel on the arrival day, if you do not show up, or if you leave an event early for any reason. No refund will be available if you attend a program and are dissatisfied with its presentation or content. If you need to leave for any reason, no partial credit can be given.

You can notify our staff of your cancellation at [info@cape.org](mailto:info@cape.org) or by calling + 1 (203) 781-6492.

Please visit <https://www.cape.org/policies> for more information.

## Continuing Education Information

Full attendance of in-person and live-online courses is required to meet the standards of accrediting organizations. No partial credits will be provided. CE certificates are distributed by email for both in-person and live-online courses following the conclusion of your 15-hour course, confirmation of full attendance, and completion of an online evaluation form.

You will receive additional details regarding the online evaluation process at the end of your assigned course. Evaluations must be submitted within three weeks of the end date of your course. You will receive a copy of your certificate of attendance with detailed CE approval statements, once you submit your evaluation. Please check with your regulating body/organization that this certificate is sufficient proof for you to claim continuing education credits/credit hours/clock hours/contact hours.

Most courses are eligible for 15 credits/credit hours/clock hours/contact hours. Exclusions will be listed on individual course pages as well as below. Please check individual course pages for course learning objectives.

All courses are open and suitable for all clinicians and learning levels, beginning, intermediate and advanced unless otherwise noted on the course page.

**Please contact your licensing board to determine your continuing education requirements and check for reciprocal approvals.**

### Continuing Education Approvals:

Current continuing education approvals for MAK Continuing Education, LLC, Cape Cod Institute are listed on our website: <https://www.cape.org/ce-credit>

You can also contact our staff with any CE-specific questions at + 1(203) 781- 6492 or [info@cape.org](mailto:info@cape.org).

## Travel Information

All in-person sessions are held at the Nauset Regional Middle School at 70 MA-28, Orleans, Massachusetts. Orleans is a 2-hour drive from Boston or Providence (expect traffic delays on Saturdays). There are scheduled flights from Boston and Providence to Hyannis, a 40-minute drive to Orleans. A car is needed for full access to lower Cape Cod. Biking around Orleans is easily done via the rail trail, and local buses between towns are available.

Cape Cod is about 70 miles long, and 75 miles from Logan Airport in Boston and Green Airport in Providence, Rhode Island. Driving distances to the Lower and Outer Cape are:

Boston 77 miles; Providence 77 miles; New York City 245 miles; Montreal 355 miles.

Please visit our travel page for specific directions, lodging and travel information: <https://www.cape.org/travel>

## Contact Information

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Please contact us by email or phone with any questions regarding accessibility accommodations, questions, or concerns.





## JULY 1-AUGUST 23, 2024

### JULY 1-5, 2024

#### Janina Fisher, PhD

*Transforming Trauma-Related Resistance and Stuckness*

*In-Person & Live-Online*

#### Rubin Naiman, PhD, FAASM

*Healing Our Sleep, Dreams, and Consciousness: An Integrative Approach*

*In-Person & Live-Online*

#### LaTonya Wilkins, PCC, MBA

*Belonging: Fostering Psychological Safety and Below the Surface Leadership in Organizations, Clients, and Yourself*

*In-Person & Live-Online*

### JULY 8-12, 2024

#### Lana Epstein, MA, LICSW

*Putting It All Together: Combining Somatic and Ego-State Therapies with EMDR to Change the Valence of Emotional Memories*

*In-Person & Live-Online*

#### Barry Prizant, PhD, CCC-SLP

*Understanding and Supporting Autistic and Neurodivergent Individuals through the Uniquely Human Lens*

*In-Person & Live-Online*

#### Licia Sky, BFA

*Embodied Awareness: The Art of Presence and Attunement*

*In-Person Only*

#### Bessel van der Kolk, MD

*Frontiers of Trauma Treatment*

*In-Person & Live-Online*

### JULY 15-19, 2024

#### Sebastian Barr, PhD

*Affirming and Effective Work with Trans and Nonbinary Adolescents and Young Adults*

*In-Person & Live-Online*

#### James Hawkins, PhD, LPC

*Facilitating the Function of Attachment in Distressed Adult Romantic Relationships: An Emotionally Focused Therapy (EFT) Framework*

*In-Person & Live-Online*

#### Stewart Levine, JD

*Building a Culture of High Performance Sustainable Collaboration: Mindset and Tools*

*In-Person Only*

#### Richard Schwartz, PhD & Jeanne Catanzaro, PhD

*Internal Family Systems Workshop*

*In-Person & Live-Online*

### JULY 22-26, 2024

#### Deb Dana, LCSW

*Polyvagal Theory in Therapy: Practical Applications for Treating Trauma*

*In-Person & Live-Online*

#### John Forsyth, PhD & Jamie Forsyth, PhD

*Harnessing the Transformative Power of Mindful ACT Therapy: How to Live Well When Life is Hard*

*In-Person & Live-Online*

#### Flint Sparks, PhD

*Growing Up and Waking Up: Applied Mindfulness in Psychotherapy and Buddhist Practice*

*In-Person Only*

#### Cece Sykes, LCSW, ACSW

*Internal Family Systems and Compassion for Addictive Processes*

*In-Person & Live-Online*

### JULY 29-AUGUST 2, 2024

#### Margaret Blaustein, PsyD

*Fostering Resilience in Trauma Impacted Youth through Attachment, Regulation, and Competency*

*In-Person & Live-Online*

#### Diana Fosha, PhD, Kari Gleiser, PhD, & Ben Medley, LCSW, with Molly Eldridge, LICSW

*"HOT" Topics in AEDP™*

*In-Person & Live-Online*

#### Franklin King, MD

*The Promise of Psychedelics: A Critical Look at the Therapeutic Potential of Psychedelic-Assisted Treatments*

*In-Person & Live-Online*

#### Juliet King, PhD, ATR-BC, LPC, LMHC

*Arts & the Brain: Evidence-Based Therapeutic Arts Interventions for Optimal Health & Well-Being*

*In-Person Only*

### AUGUST 5-9, 2024

#### Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, Carol Kramer, LICSW, & Joanne Audyatis, LMHC

*IMAGO: Proven Strategies for Helping Couples Move from Conflict to Connecting*

*In-Person & Live-Online*

#### Deborah Korn, PsyD

*EMDR Therapy and the Treatment of Complex PTSD in Adult Survivors of Childhood Abuse and Neglect*

*In-Person & Live-Online*

### AUGUST 5-9, 2024

#### George McCloskey, PhD

*Intervention for Child and Adolescent Executive Function Difficulties*

*In-Person Only*

#### Maria Sirois, PsyD

*Paradoxes in Resilience: Leveraging Moments of Grief, Illness, Hardship and Sudden Change to Accelerate Growth*

*In-Person & Live-Online*

### AUGUST 12-16, 2024

#### Bob Anderson

*The Journey of Conscious Leadership*

*In-Person Only*

#### Edward Hallowell, MD

*Unwrapping the Gifts: A Strength-Based Approach to ADHD Across the Life Span*

*In-Person & Live-Online*

#### Donald Meichenbaum, PhD

*Addressing Issues of Violence and Aggression in Individuals and Communities: Development, Prediction, and Intervention*

*In-Person & Live-Online*

#### Ronald D. Siegel, PsyD

*What Clinicians Need to Know about Non-Ordinary States: Mindfulness, Compassion, & Psychedelic-Assisted Psychotherapy*

*In-Person & Live-Online*

### AUGUST 19-23, 2024

#### Amanda Blake, PhD

*Embodied Intelligence at Work: Leveraging Mind-Body Science to Enhance Professional Performance*

*In-Person Only*

#### Mary-Frances O'Connor, PhD

*The Grieving Brain: The Surprising Science of How We Learn from Love and Loss*

*In-Person & Live-Online*

#### Jonah Paquette, PsyD

*Positive Psychology 2.0: Creating a Life of Meaning, Purpose, and Connection*

*In-Person & Live-Online*

#### Eboni Webb, PsyD, HSP

*Dialectical Behavior Therapy (DBT): Effective Tools for Navigating Trauma and Attachment in Complex Clients Across the Lifespan*

*In-Person & Live-Online*

All courses are suitable for all clinicians and learning levels, beginning, intermediate, and advanced unless otherwise noted. For a complete list of CE approval statements, please visit: [www.cape.org/ce-credit](http://www.cape.org/ce-credit)

**FOR COMPLETE COURSE INFORMATION AND TO REGISTER, VISIT: [www.cape.org](http://www.cape.org)**