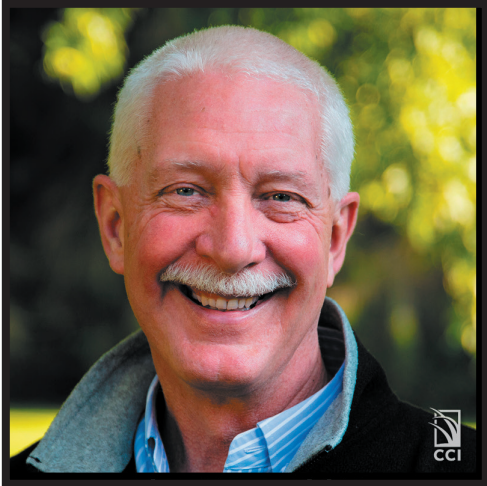


IN-PERSON LIVE-ONLINE**AUGUST 12-16, 2024**

Bob Anderson is the Founder of the Leadership Circle. Bob created the Leadership Circle Profile™ (LCP), a 360o leadership assessment. Forbes named the LCP one of its top executive development assessments.

Bob and Bill Adams authored the book, *Mastering Leadership: An Integrated Framework for Breakthrough Performance and Extraordinary Business Results*, described as seminal work in the leadership field. It was a Top Ten Bestseller on Porchlight Book Company and was a Top 10 editorial pick on Amazon.

Bob and Bill's new book, *Scaling Leadership: Building Organizational Capability and Capacity to Create Outcomes that Matter Most*, is a street-level view of how senior leaders describe leadership; and provides a proven framework for magnifying agile and scalable leadership in your organization.

Bob served on the faculty at The University of Notre Dame for 20 years and received the Partner in Innovation faculty award in 2005. The MEECO Leadership Institute awarded Bob the International Thought Leader of Distinction in 2018. Bob has a master's in organizational development and a bachelor's in economics. See: leadershipcircle.com/our-books

Speaker Disclosures:

Financial: Robert Anderson has no relevant financial relationships with ineligible organizations. He receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

Non-financial: Robert Anderson has no relevant non-financial relationships with ineligible organizations.

Bob Anderson***The Journey of Conscious Leadership***

**Monday - Friday: 9:00a.m. - 12:30p.m. EDT | 30-Minute Break Daily | 15-Hour Course
Delivery Format: In-Person Only**

This workshop will introduce you to a Universal Model of Leadership that integrates the best theory and research to emerge over the past 60 years in the fields of Leadership, Psychology, Human Potential, Quantum Physics, and Spirituality. At the core of this model are the Stages of Adult Development frameworks that are now finding their way into leading approaches to the development of leadership effectiveness.

No organization can organize at a higher level of performance than the consciousness of its leadership. We identify five levels of leadership—Egocentric, Reactive, Creative, Integral, and Unitive. Each progressive level is associated with greater consciousness and effectiveness. Each results in more engaging organizational cultures, accelerated innovation, increased business performance, and enhanced capability to lead systemic transformation. Most adults are navigating the transition from Reactive to Creative. This workshop will focus on supporting that transition, while also exploring the territory of the higher Stages - Unity Informed Integral Presence. As a therapist, coach, or consultant, you will learn how to catalyze and accelerate personal/leadership transformation.

This workshop will use the Leadership Circle Profile (LCP) Self-Assessment, which provides personal insight through the lens of the entire Universal Model and a map and foundation for a powerful leadership development experience. Finally, this workshop will introduce six leadership practices that, if practiced, will reliably boot up later-stage leadership. They are:

- **Discern Purpose:** What am I here for? What are we here for? What must I be about to live the life I came here to live and not someone else's? What do I love more than I fear?
- **Distill Vision:** What is wanted of me/us now? What is the emergent and desired future that wants its way with me/us? What will exist in the future that does not exist now? What is the organization that, if it existed, would put us out of business?
- **Know Your Fears:** How do I/we get in my own way? How do I/we make up that it is too risky to act on the purpose and vision? What is at risk beneath my Reactive strategy, search for a safe path, and/or playing not to lose?
- **Authentic and Courageous Dialogue:** How do I consistently speak the truth, especially when it requires courage? How do I have difficult conversations in a great way? How do I act out the vision I hold in every encounter? How do we create a collective and coherent field for dialogue that leads to breakthrough solutions to complex issues?
- **Balancing Intuition and Reason:** How do I/we open up intuitive meta-capability? How can I/we learn to be informed from a field of larger intelligence about the emergent, desired future and the innovations required to manifest that future?
- **Catalytic Presence:** When I enter any circumstance, how do I embody a presence that resonates a catalytic field for what wants to happen? How do I, through my very presence, create the conditions for courage, honesty, reconciliation, healing, insight, breakthrough innovation, and inspiration for what is most needed?

Bob Anderson | The Journey of Conscious Leadership | August 12-16, 2024

This workshop is for you if you are in the business of helping people develop into the highest versions of themselves. This training can offer those already certified in the Leadership Circle Profile an enhanced understanding of their Profile and how to use the underlying model more effectively and with a much deeper transformative presence.

Course Agenda

Monday:

- Introduction of the Universal Model of Leadership
- Stages of Adult and Leadership Development
- Reactive and Creative Structures of Mind

Tuesday:

- The Leadership Circle Profile Assessment
- The Unified Model of Leadership
- Your Profile Results

Wednesday:

- Know your Fears
- Working with Underlying Reactive Beliefs

Thursday:

- Catalytic Presence: Energetic Practices that Expand Awareness and Presence
- Developing Intuitive Capability: Attuning to Your Client

Friday:

- Authenticity: Courageous Conversation
- Legacy: Discerning Personal Purpose and Distilling your Leadership Vision

Course Objectives

Upon completion of this course participants will be able to:

1. Describe and experience the Conscious Leadership Framework
2. Describe the five levels of leadership—Egocentric, Reactive, Creative, Integral, and Unitive
3. Express personal insight into their leadership through the lens of the Leadership Circle Profile
4. Discover the power and impact of Personal Purpose on their leadership development
5. Construct a Leadership Vision for what wants to emerge now through your life, your leadership, and your organization
6. Demonstrate how to embody the six leadership practices in your life, leadership and practice
7. Describe how to be more powerfully and transformatively present
8. Evaluate the extent of one's understanding and alignment with the key principles and practices underlying the Conscious Leadership Framework
9. Apply the theory and practices covered into their own practice
10. Demonstrate how to effectively develop and implement strategies that create and accelerate Conscious Leadership

Continuing Education

Course Content Level: beginner, intermediate, and advanced. This course is open, and content is, suitable for all clinicians and learning levels, beginning, intermediate and advanced.

***This course is not eligible for ASWB ACE, NYSED, PA Psychologist, or NBCC Contact Hours/Credits.**

Please see the CE section on the [individual course page](#) for a full listing of CE course approvals.

For a full list of continuing education approval statements please visit <https://www.cape.org/ce-credit>

Tuition, Registration & Course Formats

Registration:

Visit www.cape.org to register for our In-Person & Live-Online course offerings. All major credit cards are accepted. No cash or check payments will be accepted.

Course Formats:

In-Person Course Format: Monday through Friday from 9:00a.m. to 12:30p.m. EDT with a 30-minute break.

In-Person Location:

Nauset Regional Middle School, 70 MA-28, Orleans, MA 02653

Live-Online Course Format:

Interactive synchronous online: Live-Online sessions are held via Zoom Meetings Monday-Friday mornings from 9:00a.m. - 12:30p.m. EDT, with a 30-minute break. Live-Online courses will include opportunities for interaction with colleagues and faculty members via group discussions, break-out groups, and Q&As.

System requirements: • Operating Systems: Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher • Internet Browser: Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher • Broadband Internet connection: Cable, High-speed DSL & any other medium that is internet accessible

Tuition:

In-Person Course:

Early Tuition Rate: \$700 (through 04/01/2024)

Full Tuition: \$750

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$575 for in-person courses.

Live-Online Course:

Early Tuition Rate: \$575 (through 04/01/2024)

Full Tuition: \$625

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$450 live-online courses.

Veteran Affairs Employees:



MAK Continuing Education, LLC, Cape Cod Institute is vendorized in SAMS in station 703. Active-duty and retired military members are eligible for 10% off. Please upload your military ID / verification at the time of registration and you will automatically get the discounted rate.

Cancellation & Refund Policy

Up until two weeks (14 days) prior to your course start date: For cancellations (in person & online), you will receive a full refund less \$50 cancellation fee.

Within two weeks: If you give notice between fourteen and one day(s) before your course start date a credit for a 2024 Cape Cod Institute program is available. Credit may be applied to any 2024 or 2025 Cape Cod Institute course. There will be no price reduction for switching to a live-online course within two weeks of the course start date.

Once your course begins: No credit or refund is available if you cancel on the arrival day, if you do not show up, or if you leave an event early for any reason. No refund will be available if you attend a program and are dissatisfied with its presentation or content. If you need to leave for any reason, no partial credit can be given.

You can notify our staff of your cancellation at info@cape.org or by calling + 1 (203) 781-6492.

Please visit <https://www.cape.org/policies> for more information.

Continuing Education Information

Full attendance of in-person and live-online courses is required to meet the standards of accrediting organizations. No partial credits will be provided. CE certificates are distributed by email for both in-person and live-online courses following the conclusion of your 15-hour course, confirmation of full attendance, and completion of an online evaluation form.

You will receive additional details regarding the online evaluation process at the end of your assigned course. Evaluations must be submitted within three weeks of the end date of your course. You will receive a copy of your certificate of attendance with detailed CE approval statements, once you submit your evaluation. Please check with your regulating body/organization that this certificate is sufficient proof for you to claim continuing education credits/credit hours/clock hours/contact hours.

Most courses are eligible for 15 credits/credit hours/clock hours/contact hours. Exclusions will be listed on individual course pages as well as below. Please check individual course pages for course learning objectives.

All courses are open and suitable for all clinicians and learning levels, beginning, intermediate and advanced unless otherwise noted on the course page.

Please contact your licensing board to determine your continuing education requirements and check for reciprocal approvals.

Continuing Education Approvals:

Current continuing education approvals for MAK Continuing Education, LLC, Cape Cod Institute are listed on our website: <https://www.cape.org/ce-credit>

You can also contact our staff with any CE-specific questions at + 1(203) 781- 6492 or info@cape.org.

Travel Information

All in-person sessions are held at the Nauset Regional Middle School at 70 MA-28, Orleans, Massachusetts. Orleans is a 2-hour drive from Boston or Providence (expect traffic delays on Saturdays). There are scheduled flights from Boston and Providence to Hyannis, a 40-minute drive to Orleans. A car is needed for full access to lower Cape Cod. Biking around Orleans is easily done via the rail trail, and local buses between towns are available.

Cape Cod is about 70 miles long, and 75 miles from Logan Airport in Boston and Green Airport in Providence, Rhode Island. Driving distances to the Lower and Outer Cape are:

Boston 77 miles; Providence 77 miles; New York City 245 miles; Montreal 355 miles.

Please visit our travel page for specific directions, lodging and travel information: <https://www.cape.org/travel>

Contact Information

Cape Cod Institute Administration
MAK Continuing Education, LLC
2 Belden Ave
PO Box 2225
Norwalk, CT 06852
Phone: + 1 (203) 781-6492 | Fax: + 1 (860) 499-3267
E-mail: info@cape.org

Please contact us by email or phone with any questions regarding accessibility accommodations, questions, or concerns.

JULY 1-AUGUST 23, 2024

JULY 1-5, 2024

Janina Fisher, PhD

Transforming Trauma-Related Resistance and Stuckness

In-Person & Live-Online

Rubin Naiman, PhD, FAASM

Healing Our Sleep, Dreams, and Consciousness: An Integrative Approach

In-Person & Live-Online

LaTonya Wilkins, PCC, MBA

Belonging: Fostering Psychological Safety and Below the Surface Leadership in Organizations, Clients, and Yourself

In-Person & Live-Online

JULY 8-12, 2024

Lana Epstein, MA, LICSW

Putting It All Together: Combining Somatic and Ego-State Therapies with EMDR to Change the Valence of Emotional Memories

In-Person & Live-Online

Barry Prizant, PhD, CCC-SLP

Understanding and Supporting Autistic and Neurodivergent Individuals through the Uniquely Human Lens

In-Person & Live-Online

Licia Sky, BFA

Embodied Awareness: The Art of Presence and Attunement

In-Person Only

Bessel van der Kolk, MD

Frontiers of Trauma Treatment

In-Person & Live-Online

JULY 15-19, 2024

Sebastian Barr, PhD

Affirming and Effective Work with Trans and Nonbinary Adolescents and Young Adults

In-Person & Live-Online

James Hawkins, PhD, LPC

Facilitating the Function of Attachment in Distressed Adult Romantic Relationships: An Emotionally Focused Therapy (EFT) Framework

In-Person & Live-Online

Stewart Levine, JD

Building a Culture of High Performance Sustainable Collaboration: Mindset and Tools

In-Person Only

Richard Schwartz, PhD & Jeanne Catanzaro, PhD

Internal Family Systems Workshop

In-Person & Live-Online

JULY 22-26, 2024

Deb Dana, LCSW

Polyvagal Theory in Therapy: Practical Applications for Treating Trauma

In-Person & Live-Online

John Forsyth, PhD & Jamie Forsyth, PhD

Harnessing the Transformative Power of Mindful ACT Therapy: How to Live Well When Life is Hard

In-Person & Live-Online

Flint Sparks, PhD

Growing Up and Waking Up: Applied Mindfulness in Psychotherapy and Buddhist Practice

In-Person Only

Cece Sykes, LCSW, ACSW

Internal Family Systems and Compassion for Addictive Processes

In-Person & Live-Online

JULY 29-AUGUST 2, 2024

Margaret Blaustein, PsyD

Fostering Resilience in Trauma Impacted Youth through Attachment, Regulation, and Competency

In-Person & Live-Online

Diana Fosha, PhD, Kari Gleiser, PhD, & Ben Medley, LCSW, with Molly Eldridge, LICSW

"HOT" Topics in AEDP™

In-Person & Live-Online

Franklin King, MD

The Promise of Psychedelics: A Critical Look at the Therapeutic Potential of Psychedelic-Assisted Treatments

In-Person & Live-Online

Juliet King, PhD, ATR-BC, LPC, LMHC

Arts & the Brain: Evidence-Based Therapeutic Arts Interventions for Optimal Health & Well-Being

In-Person Only

AUGUST 5-9, 2024

Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, Carol Kramer, LICSW, & Joanne Audyatis, LMHC

IMAGO: Proven Strategies for Helping Couples Move from Conflict to Connecting

In-Person & Live-Online

Deborah Korn, PsyD

EMDR Therapy and the Treatment of Complex PTSD in Adult Survivors of Childhood Abuse and Neglect

In-Person & Live-Online

AUGUST 5-9, 2024

George McCloskey, PhD

Intervention for Child and Adolescent Executive Function Difficulties

In-Person Only

Maria Sirois, PsyD

Paradoxes in Resilience: Leveraging Moments of Grief, Illness, Hardship and Sudden Change to Accelerate Growth

In-Person & Live-Online

AUGUST 12-16, 2024

Bob Anderson

The Journey of Conscious Leadership

In-Person Only

Edward Hallowell, MD

Unwrapping the Gifts: A Strength-Based Approach to ADHD Across the Life Span

In-Person & Live-Online

Donald Meichenbaum, PhD

Addressing Issues of Violence and Aggression in Individuals and Communities: Development, Prediction, and Intervention

In-Person & Live-Online

Ronald D. Siegel, PsyD

What Clinicians Need to Know about Non-Ordinary States: Mindfulness, Compassion, & Psychedelic-Assisted Psychotherapy

In-Person & Live-Online

AUGUST 19-23, 2024

Amanda Blake, PhD

Embodied Intelligence at Work: Leveraging Mind-Body Science to Enhance Professional Performance

In-Person Only

Mary-Frances O'Connor, PhD

The Grieving Brain: The Surprising Science of How We Learn from Love and Loss

In-Person & Live-Online

Jonah Paquette, PsyD

Positive Psychology 2.0: Creating a Life of Meaning, Purpose, and Connection

In-Person & Live-Online

Eboni Webb, PsyD, HSP

Dialectical Behavior Therapy (DBT): Effective Tools for Navigating Trauma and Attachment in Complex Clients Across the Lifespan

In-Person & Live-Online

All courses are suitable for all clinicians and learning levels, beginning, intermediate, and advanced unless otherwise noted.

For a complete list of CE approval statements, please visit: www.cape.org/ce-credit

FOR COMPLETE COURSE INFORMATION AND TO REGISTER, VISIT: www.cape.org