

IN-PERSON LIVE-ONLINE

AUGUST 5-9, 2024



Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, Carol Kramer, LICSW, & Joanne Audyatis, LMHC

IMAGO: Proven Strategies for Helping Couples Move from Conflict to Connecting

Monday - Friday: 9:00a.m. - 12:30p.m. EDT | 30-Minute Break Daily | 15-Hour Course
Delivery Format: In-Person & Live-Online

If you dread your next appointment with a couple, avoid doing couples therapy altogether but would like to, or love couples and want to do it better, join Harville Hendrix, Ph.D., Helen LaKelly Hunt, Ph.D., Carol Kramer, LICSW, and Joanne Audyatis, LMHC, in this rare opportunity to study with the founders of Imago Relationship Therapy and two members of their star Imago Faculty. In this training, you will learn **how** to help couples quickly move from conflict to connecting by learning **how** to change your interventions from the Space-Within to the Space-Between, that helps couples create a transformed, rather than just a better, relationship. This involves couples developing relational competence by:

- Learning how to talk with each other about anything without polarizing.
- Embrace and celebrate their differences.
- Shifting from judgment to curiosity and wonder.
- Committing to a Zero Negativity relationship.
- Engaging in life changing affirmations.
- Waking up from their symbiotic trance.
- Revising their relationship as a partnership rather than a competition.
- Seeing how their relationship challenges repeat their unresolved childhood challenges.
- Understanding the difference between the Space-Between and the Space-Within.
- Using memory to create and sustain connecting.
- Changing their brains by practicing the dialogue process.
- Learning how to create and sustain a Conscious Partnership.

Using Imago Relationship Therapy, comprehensively available in *DOING IMAGO RELATIONSHIP THERAPY IN THE SPACE-BETWEEN: A Guide for Clinicians*, this theory-based skill-building training process will help you, as a therapist, assist couples in transcending their biggest challenge: accepting difference, connecting beyond difference and co-creating a Conscious Partnership that meets developmental needs and restores full aliveness and joy. Each day will include lectures, videos, live demonstrations and the practice of Imago Dialogue processes.

This workshop is open to clinical professionals who want to become certified Imago Therapists or other professionals who want to use the Imago Dialogue Process in their lives and work. The training counts as two days towards certification as an Imago therapist by the Imago International Training Institute or, for non-clinical professionals, it counts for two days towards becoming an Imago Facilitator. It also meets some of the requirements of the Safe Conversations Training Institute for a certificate as a Safe Conversations Trainer.

Harville Hendrix, PhD, and Helen LaKelly Hunt, PhD, are co-creators of *Imago Relationship Theory & Therapy* and co-founders of Imago Relationships International, which has trained over 2,500 therapists in over 61 countries. They are also co-creators of Quantum Connections®, a global social movement with the mission to facilitate the creation of a relational civilization through the distribution of the Safe Conversations Process to 3.8 billion persons over the next 30 years.

They are the authors of three New York Times best sellers (*Getting The Love You Want*; *Keeping The Love You Find*; and *Giving The Love That Heals*), *Making Marriage Simple*, and six other books including *Doing Imago Relationship Therapy in the Space Between: A Guide for Clinicians*. Harville is a couples therapist with more than 40 years experience, a Clinical Educator and Trainer, and a lecturer whose work has appeared on Oprah 17 times. In addition, a 30th anniversary edition of *Getting the Love You Want* launched in 2019.

In addition to Helen's partnership with her husband in the co-creation of Imago Relationship Therapy, the Safe Conversations global movement, and being a co-creator of Imago Relationships International, she is sole author of *Faith and Feminism* plus *And the Spirit Moved Them*. She was installed in the Women's Hall of Fame for her leadership in the global women's movement and in the Smithsonian Institute for her creation of Woman Moving Millions.

Helen and Harville have been married for 41 years, have six children, eight grandchildren and reside in Dallas, Texas and New York City.

www.harvilleandhelen.com;
www.imagorelationships.org;
www.safeconversation.com.

Speaker Disclosures:

Harville Hendrix:

Financial: Harville Hendrix has no relevant financial relationships with ineligible organizations. He receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

Non-financial: Harville Hendrix has no relevant non-financial relationships with ineligible organizations.

Helen LaKelly Hunt:

Financial: Helen LaKelly Hunt has no relevant financial relationships with ineligible organizations. She receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

Non-financial: Helen LaKelly Hunt has no relevant non-financial relationships with ineligible organizations.

Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, Carol Kramer, LICSW, & Joanne Audyatis, LMHC IMAGO: Proven Strategies for Helping Couples Move from Conflict to Connecting August 5-9, 2024

Course Agenda

Monday:

- Overview: What is Imago Relationship Therapy
- The Space-Between and the Space-Within
- Imago in the History of Couples Therapy
- Video: The Three Stages of Life
- Three Stages of Intimate Relationships
- Introduction to Imago Dialogue
- Practice: Mirroring an Appreciation
- Our relational brain

Tuesday:

- Transition from Monologue to Dialogue
- Imago Dialogue Theory and Practice
- The Value of Structure and the Use of Sentence Stems
- Practice: Full Dialogue Process

Wednesday:

- The Necessity of Empathy for Connecting
- The Present is the Past Unless...
- The Transformative Use of Memory to Transform Relationships
- Practice: Childhood Challenge and Need Dialogue
- The Initial Interview
- Practice: The Initial Interview

Thursday:

- The Zero Negativity Process
- Changing a Frustration into a Request
- Symbiosis and Differentiation
- Seven Stages of Differentiation
- Replacing Judgment with Acceptance, Curiosity and Empathy
- Practice: The Frustration Dialogue

Friday:

- The Affirmations Process
- Features of a Conscious Partnership
- Shifting from Judgment to Curiosity and Wonder
- Recovering Full Aliveness and Joy
- The Affirmations Dialogue Process
- Integration of Imago into Everyday Life

Course Objectives

Upon completion of this course participants will be able to:

1. Discuss the core features of Imago couples therapy
2. Explain and practice the Imago Dialogue
3. Facilitate the Imago Feedback Process
4. Describe the Zero Negativity process
5. Discuss and illustrate the three stages of intimate relationships
6. Describe the seven stages of differentiation
7. Restate the steps to conscious partnership
8. Teach the value of structure and the use of sentence stems in Imago Therapy
9. Practice the Imago Dialogue Process in all phases of Imago Therapy

Continuing Education

Course Content Level: beginner, intermediate, and advanced. This course is open, and content is, suitable for all clinicians and learning levels, beginning, intermediate and advanced.

Courses must be completed in one delivery format.

Please see the CE section on the [individual course page](#) for a full listing of CE course approvals.

For a full list of continuing education approval statements please visit <https://www.cape.org/ce-credit>

Carol J. Kramer, LICSW, is a certified Imago Relationship Therapist, faculty trainer, and workshop presenter. Carol brings enthusiasm, expertise, warmth and clarity to the learning process. She is able to break down how to utilize the theory and she makes the process of learning engaging, safe, fun and productive. Among the places Carol has presented are Omega Institute, Kripalu, and the Cape Cod Institute. She is based in New York City. www.safeconnections.com

Speaker Disclosures:

Financial: Carol Kramer has no relevant financial relationships with ineligible organizations.

Non-financial: Carol Kramer has no relevant non-financial relationships with ineligible organizations

Joanne Audyatis, LMHC, has been helping couples find deep connection for over 25 years. She has a private practice of Imago Therapy on Cape Cod. As a Certified Imago Workshop presenter Joanne, along with her husband Todd, present weekend-long workshops to couples from around the country. They are the lead clinical assistants to Harville and Helen at their workshops at Kripalu. Joanne is also an Advanced Imago Clinician and a Faculty Associate of Imago Relationships International. www.JoanneAudyatis.com

Speaker Disclosures:

Financial: Joanne Audyatis has no relevant financial relationships with ineligible organizations.

Non-financial: Joanne Audyatis has no relevant non-financial relationships with ineligible organizations.

Tuition, Registration & Course Formats

Registration:

Visit www.cape.org to register for our In-Person & Live-Online course offerings. All major credit cards are accepted. No cash or check payments will be accepted.

Course Formats:

In-Person Course Format: Monday through Friday from 9:00a.m. to 12:30p.m. EDT with a 30-minute break.

In-Person Location:

Nauset Regional Middle School, 70 MA-28, Orleans, MA 02653

Live-Online Course Format:

Interactive synchronous online: Live-Online sessions are held via Zoom Meetings Monday-Friday mornings from 9:00a.m. - 12:30p.m. EDT, with a 30-minute break. Live-Online courses will include opportunities for interaction with colleagues and faculty members via group discussions, break-out groups, and Q&As.

System requirements: • Operating Systems: Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher • Internet Browser: Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher • Broadband Internet connection: Cable, High-speed DSL & any other medium that is internet accessible

Tuition:

In-Person Course:

Early Tuition Rate: \$700 (through 04/01/2024)

Full Tuition: \$750

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$575 for in-person courses.

Live-Online Course:

Early Tuition Rate: \$575 (through 04/01/2024)

Full Tuition: \$625

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$450 live-online courses.

Veteran Affairs Employees:



MAK Continuing Education, LLC, Cape Cod Institute is vendorized in SAMS in station 703. Active-duty and retired military members are eligible for 10% off. Please upload your military ID / verification at the time of registration and you will automatically get the discounted rate.

Cancellation & Refund Policy

Up until two weeks (14 days) prior to your course start date: For cancellations (in person & online), you will receive a full refund less \$50 cancellation fee.

Within two weeks: If you give notice between fourteen and one day(s) before your course start date a credit for a 2024 Cape Cod Institute program is available. Credit may be applied to any 2024 or 2025 Cape Cod Institute course. There will be no price reduction for switching to a live-online course within two weeks of the course start date.

Once your course begins: No credit or refund is available if you cancel on the arrival day, if you do not show up, or if you leave an event early for any reason. No refund will be available if you attend a program and are dissatisfied with its presentation or content. If you need to leave for any reason, no partial credit can be given.

You can notify our staff of your cancellation at info@cape.org or by calling + 1 (203) 781-6492.

Please visit <https://www.cape.org/policies> for more information.

Continuing Education Information

Full attendance of in-person and live-online courses is required to meet the standards of accrediting organizations. No partial credits will be provided. CE certificates are distributed by email for both in-person and live-online courses following the conclusion of your 15-hour course, confirmation of full attendance, and completion of an online evaluation form.

You will receive additional details regarding the online evaluation process at the end of your assigned course. Evaluations must be submitted within three weeks of the end date of your course. You will receive a copy of your certificate of attendance with detailed CE approval statements, once you submit your evaluation. Please check with your regulating body/organization that this certificate is sufficient proof for you to claim continuing education credits/credit hours/clock hours/contact hours.

Most courses are eligible for 15 credits/credit hours/clock hours/contact hours. Exclusions will be listed on individual course pages as well as below. Please check individual course pages for course learning objectives.

All courses are open and suitable for all clinicians and learning levels, beginning, intermediate and advanced unless otherwise noted on the course page.

Please contact your licensing board to determine your continuing education requirements and check for reciprocal approvals.

Continuing Education Approvals:

Current continuing education approvals for MAK Continuing Education, LLC, Cape Cod Institute are listed on our website: <https://www.cape.org/ce-credit>

You can also contact our staff with any CE-specific questions at + 1(203) 781- 6492 or info@cape.org.

Travel Information

All in-person sessions are held at the Nauset Regional Middle School at 70 MA-28, Orleans, Massachusetts. Orleans is a 2-hour drive from Boston or Providence (expect traffic delays on Saturdays). There are scheduled flights from Boston and Providence to Hyannis, a 40-minute drive to Orleans. A car is needed for full access to lower Cape Cod. Biking around Orleans is easily done via the rail trail, and local buses between towns are available.

Cape Cod is about 70 miles long, and 75 miles from Logan Airport in Boston and Green Airport in Providence, Rhode Island. Driving distances to the Lower and Outer Cape are:

Boston 77 miles; Providence 77 miles; New York City 245 miles; Montreal 355 miles.

Please visit our travel page for specific directions, lodging and travel information: <https://www.cape.org/travel>

Contact Information

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Norwalk, CT 06852
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E-mail: info@cape.org

Please contact us by email or phone with any questions regarding accessibility accommodations, questions, or concerns.

JULY 1-AUGUST 23, 2024

JULY 1-5, 2024

Janina Fisher, PhD

Transforming Trauma-Related Resistance and Stuckness

In-Person & Live-Online

Rubin Naiman, PhD, FAASM

Healing Our Sleep, Dreams, and Consciousness: An Integrative Approach

In-Person & Live-Online

LaTonya Wilkins, PCC, MBA

Belonging: Fostering Psychological Safety and Below the Surface Leadership in Organizations, Clients, and Yourself

In-Person & Live-Online

JULY 8-12, 2024

Lana Epstein, MA, LICSW

Putting It All Together: Combining Somatic and Ego-State Therapies with EMDR to Change the Valence of Emotional Memories

In-Person & Live-Online

Barry Prizant, PhD, CCC-SLP

Understanding and Supporting Autistic and Neurodivergent Individuals through the Uniquely Human Lens

In-Person & Live-Online

Licia Sky, BFA

Embodied Awareness: The Art of Presence and Attunement

In-Person Only

Bessel van der Kolk, MD

Frontiers of Trauma Treatment

In-Person & Live-Online

JULY 15-19, 2024

Sebastian Barr, PhD

Affirming and Effective Work with Trans and Nonbinary Adolescents and Young Adults

In-Person & Live-Online

James Hawkins, PhD, LPC

Facilitating the Function of Attachment in Distressed Adult Romantic Relationships: An Emotionally Focused Therapy (EFT) Framework

In-Person & Live-Online

Stewart Levine

Building a Culture of High Performance Sustainable Collaboration: Mindset and Tools

In-Person Only

Richard Schwartz, PhD & Jeanne Catanzaro, PhD

Internal Family Systems Workshop

In-Person & Live-Online

JULY 22-26, 2024

Deb Dana, LCSW

Polyvagal Theory in Therapy: Practical Applications for Treating Trauma

In-Person & Live-Online

John Forsyth, PhD & Jamie Forsyth, PhD

Harnessing the Transformative Power of Mindful ACT Therapy: How to Live Well When Life is Hard

In-Person & Live-Online

Flint Sparks, PhD

Growing Up and Waking Up: Applied Mindfulness in Psychotherapy and Buddhist Practice

In-Person Only

Cece Sykes, LCSW, ACSW

Internal Family Systems and Compassion for Addictive Processes

In-Person & Live-Online

JULY 29-AUGUST 2, 2024

Margaret Blaustein, PsyD

Fostering Resilience in Trauma Impacted Youth through Attachment, Regulation, and Competency

In-Person & Live-Online

Diana Fosha, PhD, Kari Gleiser, PhD, & Ben Medley, LCSW, with Molly Eldridge, LICSW

"HOT" Topics in AEDP™

In-Person & Live-Online

Franklin King, MD

The Promise of Psychedelics: A Critical Look at the Therapeutic Potential of Psychedelic-Assisted Treatments

In-Person & Live-Online

Juliet King, PhD(c), ATR-BC, LPC, LMHC

Arts & the Brain: Evidence-Based Therapeutic Arts Interventions for Optimal Health & Well-Being

In-Person Only

AUGUST 5-9, 2024

Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, Carol Kramer, LICSW, & Joanne Audyatis, LMHC

IMAGO: Proven Strategies for Helping Couples Move from Conflict to Connecting

In-Person & Live-Online

Deborah Korn, PsyD

EMDR Therapy and the Treatment of Complex PTSD in Adult Survivors of Childhood Abuse and Neglect

In-Person & Live-Online

AUGUST 5-9, 2024

George McCloskey, PhD

Intervention for Child and Adolescent Executive Function Difficulties

In-Person Only

Maria Sirois, PsyD

Paradoxes in Resilience: Leveraging Moments of Grief, Illness, Hardship and Sudden Change to Accelerate Growth

In-Person & Live-Online

AUGUST 12-16, 2024

Bob Anderson

The Journey of Conscious Leadership

In-Person Only

Edward Hallowell, MD

Unwrapping the Gifts: A Strength-Based Approach to ADHD Across the Life Span

In-Person & Live-Online

Donald Meichenbaum, PhD

Addressing Issues of Violence and Aggression in Individuals and Communities: Development, Prediction, and Intervention

In-Person & Live-Online

Ronald D. Siegel, PsyD

What Clinicians Need to Know about Non-Ordinary States: Mindfulness, Compassion, & Psychedelic-Assisted Psychotherapy

In-Person & Live-Online

AUGUST 19-23, 2024

Amanda Blake, PhD

Embodied Intelligence at Work: Leveraging Mind-Body Science to Enhance Professional Performance

In-Person Only

Mary-Frances O'Connor, PhD

The Grieving Brain: The Surprising Science of How We Learn from Love and Loss

In-Person & Live-Online

Jonah Paquette, PsyD

Positive Psychology 2.0: Creating a Life of Meaning, Purpose, and Connection

In-Person & Live-Online

Eboni Webb, PsyD, HSP

Dialectical Behavior Therapy (DBT): Effective Tools for Navigating Trauma and Attachment in Complex Clients Across the Lifespan

In-Person & Live-Online

All courses are suitable for all clinicians and learning levels, beginning, intermediate, and advanced unless otherwise noted. For a complete list of CE approval statements, please visit: www.cape.org/ce-credit

FOR COMPLETE COURSE INFORMATION AND TO REGISTER, VISIT: www.cape.org