

IN-PERSON LIVE-ONLINE
WEEK 3: JULY 13-17, 2026

Suzanne Goh, MD, BCBA, Michelle Hascall, M.A., BCBA, LBA, & Savannah Jaska, MT-BC, BCAT

Brain-Based Therapies for Autistic Children and Adolescents: Bringing the Latest Research Findings to Real-World Care

COURSE DATES:	Week 3: July 13-17, 2026
COURSE LENGTH:	5 Half-Days (15-Hour Course)
SCHEDULE:	Monday-Friday 9:00 a.m. - 12:30 p.m. EDT 30-minute break daily

Suzanne Goh, ND, BCBA is a pediatric neurologist, board-certified behavior analyst, and neuroscience researcher. She is the author of *Magnificent Minds: The New Whole-Child Approach to Autism* and the founder of Cortica – a health services organization with medical and behavioral health centers across the country that provide a comprehensive whole-child approach to autism care. Dr. Goh is a graduate of Harvard Medical School; she attended Oxford University as a Rhodes Scholar; and she completed her neurology residency training at the University of California, San Francisco. She has served on the faculty of Columbia University where she was Co-Director of Columbia's Developmental Neuropsychiatry Clinic for Autism. Her research has focused on the biological causes of autism and the use of brain imaging to identify patterns of neural circuitry and brain chemistry in autism. Dr. Goh lives in San Diego, California, with her husband and two children. When she's not in the clinic with her patients, she enjoys yoga and hiking with her family.

Speaker Disclosures

Financial: Suzanne Goh receives research funding as a principal investigator for Floreo. She receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

Non-Financial: Suzanne Goh has no non-financial relationships with ineligible organizations.

Michelle Hascall, M.A., BCBA, LBA, is a Board Certified Behavior Analyst with over 20 years of experience in education and applied behavior analysis (ABA). As the Senior Manager of ABA Clinical Excellence at Cortica, she leads organization-wide ABA training and champions integrated, transdisciplinary models of care. Michelle's expertise spans clinical leadership, professional development, and the design of whole-child, family-centered interventions that prioritize collaboration across disciplines. Throughout her career,

What if you could have a clear, science-backed roadmap for supporting the autistic children and teens in your care—one that connects the dots between medical care, sensory needs, communication, behavior, learning, and emotional well-being into one brain-based approach? Imagine having a guidebook that helps you feel confident in daily practice, empowered to help children and families navigate complex medical, behavioral, and educational challenges to live their best lives.

This course is designed to offer that clarity and confidence.

Join internationally recognized neurologist, researcher, and BCBA Dr. Suzanne Goh and her transdisciplinary team at the Cape Cod Institute for a week-long, immersive learning experience created specifically for professionals and family members of autistic children and teens.

Grounded in the latest neuroscience research and neurodiversity-affirming practices, this course provides families with a comprehensive, brain-based framework for understanding and supporting autistic youth, from infancy to adolescence.

Throughout the week, attendees will learn how to:

- Understand neurodevelopmental profiles and what they truly mean for everyday life
- Support communication through natural, meaningful, child-led interactions

Michelle has developed and implemented innovative training programs, mentored clinical teams, and served as a strategic partner in large-scale research initiatives. She is passionate about breaking down silos in behavioral healthcare and advancing ethical, culturally responsive practices that elevate outcomes for neurodivergent individuals and their families. Michelle regularly speaks on topics including integrated care in autism treatment, transdisciplinary collaboration, ethical compliance, and the use of emerging technologies in clinical settings.

Speaker Disclosures:

Financial: Michelle Hascall has no financial relationships with ineligible organizations. She receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

Non-Financial: Michelle Hascall has no non-financial relationships with ineligible organizations.

Savannah Jaska, MT-BC, is a board-certified music therapist with nearly a decade of experience delivering and developing care for autistic children and adolescents. Her clinical work and leadership are grounded in whole-child, neurodiversity-affirming care, with a strong emphasis on understanding neurological processing, honoring individuality and strengths, and designing supports informed by sensorimotor differences, cognitive development, and alternative forms of communication.

Throughout her career, Savannah has had the honor of learning from physicians, clinicians, caregivers, and autistic individuals, each of whom has deepened her understanding of how neurological, physiological, and environmental factors interact to shape development and individual experiences. This interdisciplinary learning continues to inform both her clinical practice and leadership approach.

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- Foster regulation, connection, and emotional well-being
- Develop individualized strategies to strengthen sensorimotor, cognitive, and life skills
- Navigate medical care with clarity
- Build supports that honor autonomy, strengths, identity, and authentic self-expression

Through a blend of engaging lectures, guided case examples, reflective discussions, and experiential learning, participants will leave with the knowledge and tools to:

- Translate the latest research into practical strategies
- Better understand a child's behaviors and needs
- Advocate effectively across medical, school, and therapeutic settings
- Create environments that help their child feel safe, regulated, and ready to learn
- Support long-term growth in communication, relationships, and independence

This inclusive course welcomes therapists, mental health practitioners, educators, allied health professionals, caregivers, and family members who seek to elevate their knowledge and skills through an integrated neuroscientific lens. No prior training is needed; curiosity and compassion are all that's required.

Join us at the Cape Cod Institute for a meaningful, hope-driven week that will deepen your understanding, expand your toolkit, and jumpstart learning in a child's life.

Course Agenda

Monday:

Understanding Autism Through a Brain-Based Lens

- Autism as a neurological difference, not a behavioral disorder
- What modern neuroscience teaches us about autistic brain development

Biology, Co-Occurring Conditions & Whole-Child Factors

- Immune, metabolic, genetic, and mitochondrial contributors
- Common co-occurring medical and mental health conditions

Autism Subtypes / Neurotypes

- What emerging biomarkers (e.g., immune, metabolic, genetic) may reveal
- How brain-based subtyping informs individualized care

Tuesday:

Supporting the Brain & Body for Optimal Development

- How body physiology shapes behavior, learning, and mood
- Leading and emerging medical approaches for autistic children and adolescents: sleep, movement, mitochondrial health, immune health, and more

Understanding a Child's Neurodevelopmental Profile (Part 1)

The 8-Sense Lens (Sensory Profile)

- Interoception, proprioception, vestibular input, and sensory reactivity
- How to support sensory needs in daily life

Motor Profile & Movement Foundations

- Motor planning, dyspraxia, and regulation
- How movement supports attention, language, and learning

Neurobehavioral Strategies

- "Help the body support the brain"
- Practical tools for home and school

Savannah has led nationwide training for transdisciplinary clinical teams, focusing on the practical implementation of whole-child care models and meaningful collaboration across disciplines. She is especially passionate about supporting clinicians and caregivers in translating neurological and environmental insights into informed, ethical, and individualized clinical decisions.

She is currently pursuing her master's degree in Applied Behavior Analysis at Ball State University. Savannah lives in Arizona, and outside of her professional work, she enjoys spending time in nature, training at CrossFit gyms, and participating in sports that boost her adrenaline.

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Non-Financial: Savannah Jaska has no non-financial relationships with ineligible organizations.

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Wednesday:

Understanding Your Child's Neurodevelopmental Profile (Part 2)

Cognitive Profile & Learning Style

- The "detail-first" brain
- Why executive functioning expectations often mismatch autistic strengths

Language Profile & Communication Support

- Declarative language and modeling over prompts
- Shifting from "just do it" expectations to brain-aligned supports

Emotional Regulation & Behavioral Support

- Approaches to tantrums and meltdowns rooted in neuroscience
- Using natural reinforcers to support authentic motivation

Designing Effective Learning Experiences

- How to choose skills that matter for independence, joy, and long-term well-being
- Creating environments that support regulation, curiosity, and engagement
- Understanding arousal states, co-regulation, and "just-right" stretch zones

Thursday:

Nurturing Daily Rhythms & Family Well-Being

- Sleep, meals, transitions, and routines for regulation
- Creating predictability without rigidity

Shared Decision-Making in Autism Care

- Caregivers as empowered leaders of the care team
- Involving children meaningfully in choices and self-advocacy

Collaborating Across Systems

- How to create unified care plans across school, medical teams, and therapists
- Effective communication with professionals and navigating disagreements

Mental Health, Belonging, & Social Participation

- What well-being means for autistic children and teens
- Reducing stress across the family system
- Building community participation and relationships in a neurodiversity-affirming way

Friday:

Case-Based Learning

- Real-world examples of whole-child care in action
- Breaking down clinical decisions, supports, and outcomes

Empowering the Caregiver Mindset

- Reframing expectations with a strengths-based lens
- Understanding your child's developmental potential

Creating a Personalized Action Plan

- Setting meaningful goals
- Choosing next steps after the course

- Knowing when and how to adjust supports as a child grows

Success Stories & Future Directions

- How families use whole-child approaches to transform developmental trajectories
- Closing reflections and Q&A

Course Objectives

Upon completion of this course participants will be able to:

1. Explain autism through a modern, brain-based framework that integrates neuroscience, neurodiversity-affirming principles, and whole-child understanding
2. Identify key biological and medical contributors to autistic development—including immune, metabolic, genetic, and mitochondrial factors—and describe how these influence behavior, learning, and well-being
3. Interpret a child's neurodevelopmental profile across sensory, motor, cognitive, language, and emotional domains, and understand how these profiles shape daily functioning
4. Apply neurobehavioral strategies that support regulation, reduce overwhelm, and help the body and brain work together for improved learning and communication
5. Demonstrate how to support communication development using child-led, meaningful, naturalistic techniques such as declarative language and modeling, rather than prompt-dependent approaches
6. Design individualized learning experiences by choosing skills that matter for independence, curiosity, joy, and long-term development, while creating "just-right" challenges aligned with each child's arousal and readiness
7. Apply strategies that strengthen daily rhythms and family well-being, including supports for sleep, meals, transitions, sensory needs, and stress reduction
8. Discuss the importance of collaborating effectively across systems—medical teams, schools, and therapy providers—to create unified care plans and navigate decision-making with confidence
9. Describe how to promote mental health, belonging, and community participation by supporting autonomy, strengths, self-advocacy, and positive identity development in autistic children and adolescents
10. Develop and refine individualized action plans that translate neuroscience and whole-child insights into practical, personalized next steps for home, school, and long-term growth

Continuing Education

Course Content Level: beginner, intermediate, and advanced.

*This course is open, and content is, suitable for all clinicians and learning levels, beginning, intermediate and advanced. **Courses must be completed in one delivery format.***

This program is being offered for 15 NBCC credit hours. Please see the CE section starting on pg. 83 for the NBCC Approval Statement.

Please see the [course CE page](#) for a complete listing of course-specific CE approvals.

For a full list of continuing education approval statements please visit <https://www.cape.org/ce-credit>.

Tuition, Registration & Course Formats

Registration:

Visit www.cape.org to register for our In-Person & Live-Online course offerings. All major credit cards are accepted. No cash or check payments will be accepted.

In-Person Location:

Nauset Regional Middle School, 70 MA-28, Orleans, MA 02653

Live-Online Course Format:

Interactive synchronous online: Live-Online sessions are held via Zoom Meetings. Live-Online courses will include opportunities for interaction with colleagues and faculty members via group discussions, break-out groups, and Q&As.

System requirements: • Operating Systems: Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher • Internet Browser: Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher • Broadband Internet connection: Cable, High-speed DSL & any other medium that is internet accessible.

Tuition:

Early Tuition Rates (through 4/1/26)

15-hour / 20-hour in-person:	\$750
15-hour / 20-hour live-online:	\$625
12-hour in-person:	\$650
12-hour online:	\$550
8-hour in-person:	\$450
8-hour online:	\$350

Full Tuition Rates (after 4/1/26)

15-hour / 20-hour in-person:	\$800
15-hour / 20-hour live-online:	\$675
12-hour in-person:	\$700
12-hour online:	\$600
8-hour in-person:	\$500
8-hour online:	\$400

Student Pricing*:

15-hour / 20-hour in-person:	\$600
15-hour / 20-hour online:	\$475
12-hour in-person:	\$500
12-hour online:	\$400
8-hour in-person:	\$300
8-hour online:	\$200

*Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition

Federal Employees:



MAK Continuing Education, LLC, Cape Cod Institute is vendorized in SAMS in station 703. Active-duty and retired military members are eligible for 10% off. Please upload your military ID / verification at the time of registration and you will automatically get the discounted rate.

Cancellation & Change Policy

Up until two weeks (14 days) prior to your course start date:

For cancellations (in-person or live-online), you will receive a refund less a \$50 cancellation fee

Between 14 days and 1 day: Credit may be applied to any 2025 or 2026 Cape Cod Institute course. No refunds will be issued within this time period.

Once your course begins: No credit or refund is available if you cancel on the day of arrival, do not show up, are dissatisfied with the presentation or content, or leave an event early for any reason. No partial credit/CE hours can be given if you need to leave for any reason. We understand that circumstances outside of your control may impact your ability to continue attending your course. Common examples include: situations affecting a participant directly or their travel plans, unexpected injury or illness, and significant connectivity problems; however, we cannot offer credit or refunds for these scenarios.

The Cape Cod Institute is not responsible for participants' travel, lodging, or incidental expenses.

Course Changes:

Before June 1: You may switch your course or the format (in-person or live-online) without a fee. A refund will be provided for the difference in price.

After June 1: Course or format (in-person or live-online) changes made after June 1, will incur a \$50 change fee. There will be no price reduction for switching to a live-online course.

You can notify our staff of your cancellation or change requests at info@cape.org

Please visit <https://www.cape.org/policies> for more information.

Continuing Education Provider Information

MAK Continuing Education, LLC, and the Cape Cod Institute work with many boards to provide continuing education credit for in-person and live-online (synchronous). Due to the scope of practice and content criteria for each individual profession and jurisdiction, the availability of credit offered by the organizations listed below varies by course and course format. **Please contact your licensing board to determine your continuing education requirements and check for reciprocal approvals.**

Full attendance of in-person and live-online courses is required to meet the standards of accrediting organizations. No partial credits will be provided. CE certificates are distributed by email for both in-person and live-online courses following the conclusion of your course, confirmation of full attendance, and completion of an online evaluation form. Evaluations must be submitted within three weeks of your course's end date. Once you submit your evaluation, you will receive a copy of your certificate of attendance with detailed CE approval statements.

Please note: Information posted below does not guarantee credit for any specific course.

For course-specific continuing education questions, please view the individual course page or search [CE by course](#).

Please contact our staff with any CE-specific questions at + 1 (203) 781-6492 or info@cape.org.

For the most up-to-date information regarding approvals, please visit our website: <https://www.cape.org/ce-credit>.

Travel Information

All in-person sessions are held at the Nauset Regional Middle School at 70 MA-28, Orleans, Massachusetts. Orleans is a 2-hour drive from Boston or Providence (expect traffic delays on Saturdays). There are scheduled flights from Boston and Providence to Hyannis, a 40-minute drive to Orleans. A car is needed for full access to lower Cape Cod. Biking around Orleans is easily done via the rail trail, and local buses between towns are available.

Cape Cod is about 70 miles long, and 75 miles from Logan Airport in Boston and Green Airport in Providence, Rhode Island. Driving distances to the Lower and Outer Cape are:

Boston 77 miles; Providence 77 miles; New York City 245 miles; Montreal 355 miles.

Please visit our travel page for specific directions, lodging and travel information: <https://www.cape.org/travel>

Contact Information

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Please contact us by email or phone with any questions regarding accessibility accommodations, questions, or concerns.



JUNE 29 - AUGUST 19, 2026

**WEEK 1:
JUNE 29-JULY 2, 2026**

Janina Fisher, PhD
Embracing Our Fragmented Selves
—12 Hours / M-Th

Meghan Riordan Jarvis, MA, LICSW
Grief as a Daily Practice—15 Hours / M-Th

Cathy Malchiodi, PhD, LPCC, LPAT, REAT
Expressive Arts Therapy and Sensory Processing to “Reset” the Nervous System—15 Hours / M-Th

Karen Pando-Mars, MFT
Tailoring Psychotherapy to Attachment Patterns—15 Hours / M-Th

**WEEK 2:
JULY 6-10, 2026**

James Hawkins, PhD, LPC
Emotionally Focused Therapy—15 Hours / M-F

Licia Sky
Embodied Awareness
—15 Hours / M-F / *In-Person Only

Bessel van der Kolk, MD
Frontiers of Trauma Treatment—15 Hours / M-F

Anne Hallward, MD
The Unspoken Challenges of Caregiving for Dementia —12 Hours / M-W

Franklin King, MD
Psychedelics and the Edges of Clinical Science
—8 Hours / Th-F

**WEEK 3:
JULY 13-17, 2026**

Lana Epstein, MA, LICSW
Combining Somatic and Ego-State Therapies with EMDR—15 Hours / M-F

Suzanne Goh, MD, BCBA, Michelle Hascall, M.A., BCBA, LBA, & Savannah Jaska, MT-BC, BCAT
Brain-Based Therapies for Autistic Children and Adolescents—15 Hours / M-F

Richard Schwartz, PhD & Jeanne Catanzaro, PhD
Internal Family Systems Workshop
—15 Hours / M-F

Richard E. Boyatzis, PhD
The Science of Effective Coaching
—12 Hours / M-W / *In-Person Only

Sebastian Barr, PhD
Therapeutic Approaches to Sociopolitical Stress in Trans and Nonbinary Clients—8 Hours / Th-F

**WEEK 4: JULY 20-24, 2026
IFS SYMPOSIUM WEEK!**

Fatimah Finney, LMHC
IFS Essentials—15 Hours / M-F

Richard Schwartz, PhD with Special Contributor: David A. Hoffman
Internal Family Systems for Leadership and Coaching—15 Hours / M-F

Cece Sykes, LCSW, ACSW
Understanding Addictive Processes with IFS
—12 Hours / M-W

Nancy Wonder, PhD, Licensed Psychologist & Joanne Gaffney, RN, LICSW
Introduction to Intimacy from the Inside Out™ (IFIO™)—12 Hours / M-W

Jeanne Catanzaro, PhD
IFS for Disordered Eating—8 Hours / Th-F

Curt Kearney, MA, LPC
Psychedelics and IFS—8 Hours / Th-F

**WEEK 5:
JULY 27-31, 2026**

Gloria Burgess, PhD
Sanctuary: Rekindling the Heart of Leadership®
—15 Hours / M-F

Pilar Jennings, PhD
A Buddhist & Psychotherapeutic Approach
—15 Hours / M-F

Stan Tatkin, PsyD, MFT
Psychobiological Approach to Couple Therapy (PACT)—15 Hours / M-F

Jeffrey Zeig, PhD & Julie T. Anné Zeig, PhD
Master Class in Experiential Psychotherapy
—20 Hours / M-F

All courses are offered In-Person and Live-Online except otherwise indicated.

All courses are suitable for all clinicians and learning levels, beginning, intermediate, and advanced unless otherwise noted. For a complete list of CE approval statements, please visit: www.cape.org/ce-credit

FOR COMPLETE COURSE INFORMATION AND TO REGISTER, VISIT: www.cape.org

**WEEK 6:
AUGUST 3-7, 2026**

Deborah Korn, PsyD
EMDR Therapy: Treating Adult Survivors of Childhood Abuse—15 Hours / M-F

George McCloskey, PhD
Child and Adolescent Executive Function Difficulties—15 Hours / M-F

Maria Sirois, PsyD
How Narratives Shape Health, Growth and Resilience—15 Hours / M-F

Cuneyt Iscan, MD & Sureyya Iscan, PhD
A Modern Psychoanalytic Approach to Emotional Healing—12 Hours / M-W

Robert Schwarz, PsyD
Emotional Freedom Techniques (EFT/Tapping)
—8 Hours / Th-F

**WEEK 7:
AUGUST 10-14, 2026**

Deb Dana, LCSW
Polyvagal Theory in Therapy: Practical Applications—15 Hours / M-F

John Forsyth, PhD & Jamie Forsyth, PhD
The Transformative Power of Mindful ACT Therapy
—15 Hours / M-F

Tracy Jarvis, MSc
Leadership Beyond Adversity—15 Hours / M-F

Edward Hallowell, MD & Sue George Hallowell, LICSW
A Strength-Based Approach to ADHD Across the Life Span—12 Hours / M-W

Christopher Willard, PsyD
Adapting Mindfulness Techniques
—8 Hours / Th-F

**WEEK 8:
AUGUST 17-19, 2026**

Lisa Coyne, PhD
Shaping Bravery and Flexibility in Children and Adolescents—12 Hours / M-W

Anatasia S. Kim, PhD
Building Actionable Skills to Advance DEI Conversations—12 Hours / M-W

Rubin Naiman, PhD, FAASM
Healing Our Sleep, Dreams, and Consciousness
—12 Hours / M-W

Jonah Paquette, PsyD
Positive Psychology 2.0—12 Hours / M-W