# **AUGUST 7th - AUGUST 11th, 2023**

# ILLE HENDRIX, PhD, HELEN HUNT, PhD & CAROL KRAMER, LICSW

Harville Hendrix, PhD, and Helen LaKelly **Hunt, PhD,** are co-creators of Imago Relationship Theory & Therapy and cofounders of Imago Relationships International, which has trained over 2,500 therapists in over 61 countries. They are also co-creators, SAFE CONVERSATIONS®, a global social movement to facilitate the creation of a relational civilization through the distribution of new insights from the relational sciences 3.8 billion persons over the next 30 years.

They are the authors of three New York Times best sellers (Getting The Love You Want; Keeping The Love You Find; and Giving The Love That Heals), Making Marriage Simple, and six other books including Doing Imago Relationship Therapy in the Space Between: A Guide for Clinicians. Harville is a couple's therapist with more than 40 years' experience as an educator, clinical trainer and lecturer whose work has appeared on Oprah 17 times. In addition, a 30th anniversary edition of *Getting the Love You Want* launched in 2019.

In addition to Helen's partnership with her husband in the co-creation of Imago Relationship Therapy, the Safe Conversations global movement, and co-creator of Imago Relationships International, she is sole author of Faith and Feminism plus And the Spirit Moved Them. She was installed in the Women's Hall of Fame for her leadership in the global women's movement and in the Smithsonian Institute for her creation of Woman Moving Millions.

Helen and Harville have been married for 40 years, have six children, seven grandchildren and reside in Dallas, Texas and New York City.

www.harvilleandhelen.com; www.imagorelationships.org; www.safe conversation.com.

# Harville Hendrix, PhD, Helen Hunt, PhD & Carol Kramer, LICSW

with Faculty Associate, Joanne Audyatis, LMHC

## Doing Imago Relationship Therapy in the Space Between

15 Hour In-Person & Live-Online Course Monday - Friday: 9:00a.m.-12:30p.m. EDT/30-Min Break Daily at 10:30a.m.

If you dread your next appointment with a couple, avoid doing couples therapy altogether but would like to, or love couples and want to do it better, join Harville Hendrix, Ph.D. and Helen LaKelly Hunt, Ph.D. with Imago Therapists Carol Kramer, LICSW and Joanne Audaytis as Clinical Assistants in this rare opportunity to study with the founders of Imago Relationship Therapy. In this training, you will shift from looking at the Space-Within partners to the Space-Between them to help them create a transformed, rather than just a better, relationship. This includes:

- Helping couples focus on the space-between rather than the space-within.
- Revisioning their relationship as a partnership rather than a competition.
- How to talk about anything without polarizing.
- Shifting from judgment to curiosity and wonder.
- How to awaken couples from their symbiotic trance.
- Help couples traverse the seven stages of differentiation.
- Getting couples to commit to the Zero Negativity and Affirmations process.
- Connecting current struggles to childhood memories.
- The power of memory.
- Helping couples practice a process that integrates their brains.
- Guiding couples in learning and practicing relational competency.
- Learning how to create and sustain a Conscious Partnership

Using Imago Relationship Therapy, comprehensively available in DOING IMAGO RELATIONSHIP THERAPY IN THE SPACE-BETWEEN: A Guide for Clinicians, this theory-based skill-building training process will help you as a therapist assist couples in transcending their biggest challenge: accepting difference, connecting beyond difference and co-creating a Conscious Partnership that meets developmental needs and restores full aliveness and joy. Each day will include lectures, videos, live demonstrations and the practice of Imago Dialogue processes.

This workshop is open to all professionals who want to use the Imago process in a variety of contexts. Imago therapists may want a review. Certified therapists may want to count it two days towards certification as an Imago therapist by the Imago International Training Institute or, for non-clinical professionals, it counts for two days towards becoming an Imago Facilitator. It also meets some of the requirements of the Safe Conversations Training Institute for a certificate as a Safe Conversations Trainer.

**Carol J. Kramer, LICSW,** is a certified Imago Relationship Therapist, faculty trainer, and workshop presenter. Carol brings enthusiasm, expertise, warmth and clarity to the learning process. She is able to break down how to utilize the theory and she makes the process of learning engaging, safe, fun and productive. Among the places Carol has presented are Omega Institute, Kripalu, and the Cape Cod Institute. She is based in New York City. www.safeconnections.com

**Joanne Audyatis, LMHC,**, has been helping couples find deep connection for over 20 years. She has a private practice of Imago Therapy on Cape Cod. As a Certified Imago Workshop presenter Joanne, along with her husband Todd, present weekend-long workshops to couples from around the country. Joanne is also an Advanced Imago Clinician and a Faculty Associate of Imago Relationships International. www.JoanneAudyatis.com

# Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, & Carol Kramer, LICSW Doing IMAGO Relationship Therapy In The Space Between | August 7th - August 11th, 2023

# **Course Agenda**

#### **Monday:**

- Overview: Imago Relationship Therapy
- Imago in Historical Context
- Video: The Three Stages of Relationship
- The Space-Between and the Space Within
- Our relational brain
- Imago Dialogue Theory
- The value of structure and the use of sentence stems
- Practice: Mirroring an Appreciation

#### **Tuesday:**

- Three Stages of Intimate Relationships
- The Impact of the Past on the Present
- Complementarity in couple's relationships
- Anxiety and the Zero Negativity process
- The Power and Function of Memory
- The Observer Effect
- Imago Dialogue Theory
- Practice: Full Dialogue Process: Childhood Challenge and Need

#### Wednesday:

- Conscious Partnership defined
- The Features of Conscious Partnership
- Steps towards Conscious Partnership
- The Initial Interview.
- Practice: The Initial Interview

#### **Thursday:**

- Symbiosis and differentiation
- Seven stages of differentiation
- Replacing judgment with acceptance, curiosity and empathy
- Practice: The Frustration Dialogue

#### **Friday:**

- From Judgment to Curiosity and Wonder
- Full Aliveness and Joy
- Integration of Imago into everyday life
- Developing the Relationship Vision
- Relationship Vision Dialogue

# **Course Objectives**

Upon completion of this course participants will be able to:

- 1. Discuss the core features of Imago couples therapy
- Explain and practice the Imago Dialogue and Feedback Process
- 3. Identify how to use Imago Couples Therapy in your own practice and everyday life
- 4. Describe the Zero Negativity process
- 5. Discuss the three stages of intimate relationships
- 6. Describe the seven stages of differentiation
- 7. Restate the steps to conscious partnership
- 8. Discuss how to promote the shift from judgment to acceptance and empathy
- Discuss the value of structure in Imago therapy and use of sentence stems
- 10. Practice the Imago Dialogue Process in all phase of Imago Therapy.

# **Continuing Education**

Course Content Level: beginner, intermediate, and advanced. This course is open, and content is, suitable for all clinicians and learning levels, beginning, intermediate and advanced.

**Doing Imago Relationship Therapy in the Space Between,** Course #4109, is approved by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program to be offered by MAK Continuing Education, LLC, Cape Cod Institute as an individual course. Individual courses, not providers, are approved at the course level. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. ACE course approval period: 04/26/2022 - 04/26/2024. Social workers completing this course receive 15 Clinical continuing education credits.

Please see the CE section on the <u>individual course page</u> for a full listing of CE course approvals.

For a full list of continuing education approval statements please visit <a href="https://www.cape.org/ce-credit">https://www.cape.org/ce-credit</a>•

#### **Speaker Disclosures**

#### Harville Hendrix:

**Financial:** Harville Hendrix has no relevant financial relationships with ineligible organizations. He receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

**Non-Financial:** Harville Hendrix has no relevant non-financial relationships with ineligible organizations.

#### **Helen LaKelly Hunt:**

**Financial:** Helen LaKelly Hunt has no relevant financial relationships with ineligible organizations. She receives a speaking honorarium from MAK Continuing Education, LLC, Cape Cod Institute.

**Non-Financial:** Helen LaKelly Hunt has no relevant non-financial relationships with ineligible organizations.

#### Carol Kramer:

**Financial:** Carol Kramer has no relevant financial relationships with ineligible organizations.

**Non-Financial:** Carol Kramer has no relevant non-financial relationships with ineligible organizations.

#### Joanne Audyatis

**Financial:** Joanne Audyatis has no relevant financial relationships with ineligible organizations.

**Non-Financial:** Joanne Audyatis has no relevant non-financial relationships with ineligible organizations.

# **Tuition, Registration & Course Formats**

# **Registration:**

Visit **www.cape.org** to register for our In-Person & Live-Online course offerings. All major credit cards are accepted. No cash or check payments will be accepted.

#### **Course Formats:**

**In-Person Course Format:** Monday through Friday from 9:00a.m. to 12:30p.m. EDT with a 30 minute break.

#### **In-Person Location:**

Nauset Regional Middle School, 70 MA-28, Orleans, MA 02653

Please visit https://www.cape.org/policies to review our Covid-19 procedures and requirements.

#### **Live-Online Course Format:**

Interactive synchronous online: Live-Online sessions are held via Zoom Meetings Monday-Friday mornings from 9:00a.m. - 12:30p.m. EDT, with a 30-minute break. Live-Online courses will include opportunities for interaction with colleagues and faculty members via group discussions, break-out groups, and Q&As.

System requirements: • Operating Systems: Windows XP or higher, MacOS 9 or higher, Android 4.0 or higher • Internet Browser: Internet Explorer 9.0 or higher, Google Chrome, Firefox 10.0 or higher • Broadband Internet connection: Cable, High-speed DSL & any other medium that is internet accessible

#### **Tuition:**

#### **In-Person Course:**

Early Tuition Rate: \$700 (through 04/01/2023)

Full Tuition: \$750

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$575 for in-person courses.

#### **Live-Online Course:**

Early Tuition Rate: \$575 (through 04/01/2023)

Full Tuition: \$625

Full-time graduate students, doctoral students, and resident physicians must upload documentation at the time of registration to qualify for a reduced tuition of \$450 live-online courses.

# **Veteran Affairs Employees:**



MAK Continuing Education, LLC, Cape Cod Institute is vendorized in SAMS in station 703. Active-duty and retired military members are eligible for 10% off. Please upload your military ID / verification at the time of registration and you will automatically get the discounted rate.

# **Cancellation & Refund Policy**

**Up until two weeks (14 days) prior to your course start date:** For cancellations (in person & online), you will receive a full refund less \$50 cancellation fee.

**Within two weeks:** If you give notice between fourteen and one day(s) before your course start date a credit for a 2023 or 2024 Cape Cod Institute program is available. Credit may be applied to any 2023 or 2024 Cape Cod Institute course. There will be no price reduction for switching to a live-online course within two weeks of the course start date.

**Once your course begins:** No credit or refund is available if you cancel on the arrival day, if you do not show up, or if you leave an event early for any reason. No refund will be available if you attend a program and are dissatisfied with its presentation or content. If you need to leave for any reason, no partial credit can be given.

You can notify our staff of your cancellation at **info@cape.org** or by calling + 1 (203) 781-6492.

# **Continuing Education Information**

Full attendance of in-person and live-online courses is required to meet the standards of accrediting organizations. No partial credits will be provided. CE certificates are distributed by email for both in-person and live-online courses following the conclusion of your 15-hour course, confirmation of full attendance, and completion of an online evaluation form.

You will receive additional details regarding the online evaluation process at the end of your assigned course. Evaluations must be submitted within three weeks of the end date of your course. You will receive a copy of your certificate of attendance with detailed CE approval statements, once you submit your evaluation. Please check with your regulating body/ organization that this certificate is sufficient proof for you to claim continuing education credits/credit hours/clock hours/ contact hours.

Most courses are eligible for 15 credits/credit hours/clock hours/contact hours. Exclusions will be listed on individual course pages as well as below. Please check individual course pages for course learning objectives.

All courses are open and suitable for all clinicians and learning levels, beginning, intermediate and advanced unless otherwise noted on the course page.

Please contact your licensing board to determine your continuing education requirements and check for reciprocal approvals.

# **Continuing Education Approvals:**

Current continuing education approvals for MAK Continuing Education, LLC, Cape Cod Institute are listed on our website: https://www.cape.org/ce-credit

You can also contact our staff with any CE-specific questions at (203) 781-6492 or certificate@cape.org.

# **Travel Information**

All in-person sessions are held at the Nauset Regional Middle School at 70 MA-28, Orleans, Massachusetts. Orleans is a 2-hour drive from Boston or Providence (expect traffic delays on Saturdays). There are scheduled flights from Boston and Providence to Hyannis, a 40-minute drive to Orleans. A car is needed for full access to lower Cape Cod. Biking around Orleans is easily done via the rail trail, and local buses between towns are available.

Cape Cod is about 70 miles long, and 75 miles from Logan Airport in Boston and Green Airport in Providence, Rhode Island. Driving distances to the Lower and Outer Cape are:

Boston 77 miles; Providence 77 miles; New York City 245 miles; Montreal 355 miles.

Please visit our travel page for specific directions, lodging and travel information: https://www.cape.org/travel

# **Contact Information**

**Cape Cod Institute Administration** MAK Continuing Education, LLC 2 Belden Ave PO Box 2225 Norwalk, CT 06852

Phone: + 1 (203) 781-6492 | Fax: + 1 (860) 499-3267

E-mail: info@cape.org

Please contact us by email or phone with any questions regarding accessibility accommodations, questions, or concerns.



Now in our 43rd year, the Cape Cod Institute is a series of week-long CE courses held in the summer and taught by leading contributors to knowledge and practice. Our courses are designed for health and mental health professionals, as well as OD and HR practitioners, educators at all levels, and any profession that applies behavioral science to practice.

# **JULY 3-AUGUST 25, 2023**

#### **JULY 3-JULY 7, 2023**

#### Bessel van der Kolk, MD

Frontiers Of Trauma Treatment

In-Person, Live-Online

#### Anatasia S. Kim, PhD

Building Actionable Skills to Advance Diversity Equity and Inclusion (DEI) Conversations in Clinical, Community, and Organizational Practice In-Person, Live-Online

#### Linda Graham, MFT

The Resilience Mindset: The Neuroscience Of Coping With Disappointment, Difficulty, Even Disaster

In-Person, Live-Online

#### **JULY 10-JULY 14, 2023**

#### Lana Epstein, MA, LICSW

Putting It All Together: Combining Somatic And Ego-State Therapies With EMDR To Change The Valence Of Emotional Memories

In-Person, Live-Online

#### Joe Kort, PhD, LMSW

Lesbian, Gay, Bisexual, Transgender And Questioning (LGBTQ) Clients: Clinical Issues And Treatment Strategies In-Person, Live-Online

#### Licia Sky, BFA & Bessel van der Kolk, MD

Come to Your Senses: Embodied Self Awareness In-Person

#### Richard Schwartz, PhD

Internal Family Systems Workshop In-Person, Live-Online

#### **JULY 17-JULY 21, 2023**

#### Paul Foxman, PhD

The Anxiety Epidemic In Kids and Teens: A Workshop For Clinicians In-Person, Live-Online

#### Janina Fisher, PhD

Healing The Fragmented Selves Of Trauma Survivors: Overcoming Self-Alienation In-Person, Live-Online

# Flint Sparks, PhD

Growing Up And Waking Up: Applied Mindfulness In Psychotherapy And Buddhist Practice

In-Person

#### **JULY 17-JULY 21, 2023**

#### **James Hawkins, PhD, LPC**

Facilitating The Function Of Attachment In Distressed Adult Romantic Relationships: An Emotionally Focused Therapy (EFT) Framework In-Person, Live-Online

#### **JULY 24-JULY 28, 2023**

# Gabriella Rosen Kellerman, MD

Building A Tomorrowmind: Thriving At Work, Now And In An Uncertain Future In-Person, Live-Online

#### Rubin Naiman, PhD, FAASM

Healing Our Sleep, Dreams, And Consciousness: An Integrative Approach

In-Person

#### Franklin King, MD

The Promise Of Psychedelics: A Critical Look At The Therapeutic Potential Of Psychedelic-Assisted Treatments

In-Person, Live-Online

# John P. Forsyth, PhD & Jamie R. Forsyth, PhD

Harnessing The Transformative Power Of Mindful ACT Therapy: How To Live Well When Life Is Hard In-Person, Live-Online

#### **JULY 31-AUGUST 4, 2023**

#### LaTonva Wilkins, PCC, MBA

Belonging: Fostering Psychological Safety And Below The Surface Leadership In Organizations, Clients, And Yourself

In-Person, Live-Online

# Amy Weintraub, MFA & Angela Huebner, PhD

Internal Family Systems Therapy™ Meets LifeForce Yoga - A Week Of Healing And Learning In-Person, Live-Online

## Maria Sirois, PsyD

Paradoxes In Resilience: Leveraging Moments Of Grief, Illness, Hardship And Sudden Change To Accelerate Growth

In-Person, Live-Online

# **AUGUST 7-AUGUST 11, 2023**

#### Deborah Korn, PsyD

EMDR Therapy And The Treatment Of Complex PTSD In Adult Survivors Of Childhood Abuse And Neglect

In-Person, Live-Online

#### **AUGUST 7-AUGUST 11, 2023**

## Harville Hendrix, PhD, Helen LaKelly Hunt, PhD, & Carol Kramer, LICSW with Faculty Associate: Joanne Audyatis, LMHC

Doing IMAGO Relationship Therapy In The Space Between

In-Person, Live-Online

#### **Bob Anderson**

Conscious Leadership: A Unified Model Of Leadership Development In-Person

## George McCloskey, PhD

Intervention For Child And Adolescent Executive Control Difficulties

In-Person, Live-Online

#### **AUGUST 14-AUGUST 18, 2023**

## Deborah Dana, LCSW

Polyvagal Theory In Therapy: Practical Applications For Treating Trauma In-Person, Live-Online

#### Mary-Frances O'Connor, PhD

The Grieving Brain: The Surprising Science Of How We Learn From Love And Loss In-Person, Live-Online

#### Salman Akhtar, MD

In Leaps & Bounds: Psychic Development And Its Facilitation In Treatment
In-Person

#### Edward Hallowell, MD

Unwrapping The Gifts: A Strength-Based Approach To ADHD Across The Life Span In-Person, Live-Online

#### **AUGUST 21-AUGUST 25, 2023**

#### Diana Fosha, PhD, Kari Gleiser, PhD, & Ben Medley, LCSW, with Molly Eldridge, LICSW

"HOT" Topics In AEDP™ In-Person, Live-Online

#### Jonah Paquette, PsyD

Awe, Wonder, And The Science Of A Meaningful Life In-Person, Live-Online

#### Donald Meichenbaum, PhD

Creating Safety: Addressing The Growing Mental Health And Academic Challenges Faced By Youth, Parents, And Their Communities

In-Person, Live-Online

All courses are suitable for all clinicians and learning levels, beginning, intermediate, and advanced unless otherwise noted. For a complete list of CE approval statements, please visit: <u>www.cape.org/ce-credit</u>